



„SOFIA OPEN 2018“ Taekwon-Do Tournament



1-2 december 2018, "Arena Armeec" Small Sports Hall, Sofia, Bulgaria

“SOFIA OPEN 2018” TAEKWON-DO TOURNAMENT REGULATIONS

Organizers:

- Sports Association of Ministry of Interior;
- Bulgarian Association of Taekwon-Do (BAT);
- Central Police Taekwon-Do Club;

Time and place:

- 1-2 December 2018, "Arena Armeets" Small Sports Hall, Sofia, Bulgaria.
- Beginning 09:30 AM.
- Official opening ceremony 1 December 2018 - 11:00 AM.

Participation requirements:

- All sports organizations developing Taekwon-Do (with HQ in Benidorm, Spain) and all clubs and organizations who received an official invitation;
- Competitors – from 6 years and above;
- For Pattern and Special Techniques – holders of 10 gup and above;
- For Sparring – holders of 8 gup and above, at least 10 years old;
- For Power test division – 14 years old and older - holders of 6-th gup and above; for all other ages and degrees for the discipline a dynamometer will be used.

In Sofia Open 2018 will participate children (6-11 years), Cadets (12-13 years), Juniors (14-17 years), Seniors (over 18 years) in the following individual disciplines:

- Pattern;
- Sparring;
- Special Techniques;
- Power Test.



For further information:
e-mail: oc@taekwondo.bg
Mobile: + 359 888 804 402





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Registration, weigh in and height check of the participants:

- Registration, weigh in and height check is obligatory for all competitors and will take on 1 December 2018 (6-11 years) and on 2 December (12 years and above) from 07:00 to 08:30 AM in "Arena Armeec" Small Sports Hall. Competitor who does not cover applied weight and height will not be allowed to participate in the relative discipline.
 - Tolerance – 0.500 kg (dress code – dobok pant and t-shirt) and 0.00 m (height check – bare foot).
 - **Competitors prove their identity through valid ID card or Passport.**

Applications:

- Filled applications (blanks sent by Organizer) are accepted till **26.11.2018** on e-mail: oc@taekwondo.bg
- Application corrections are accepted to e-mail: oc@taekwondo.bg till **11:59 PM of 28.11.2018** with **30.00 EUR** penalty fee no matter the team quantity and participation fee of the relevant competitors. After 11:59 PM of **28.11.2018** no applications and corrections are accepted!!!

All competitors must wear official dobok and protection gear currently approved by the ITF.

The organizing Committee will not be responsible for any possible injuries caused during the competition. All competitors must have full insurance coverage by their own organization/country.

Additional information:

1. Pattern

In the Individual Pattern discipline competitors will perform 2 designated patterns (except holders of 10 gup) randomly chosen by the electronic scoring system, according to the technical degree of the participants.

Age groups:

Male and female: 6 years, 7 years, 8 years, 9 years, 10 years, 11 years, 12 years, 13 years, Juniors, Seniors.

Categories:

10 gup	Sajo Jirugi
9 gup	from Sajo Jirugi to Sajo Magki
8 gup	from Sajo Jirugi to Chon-Ji
7 gup	from Chon-Ji to Dan-Gun
6 gup	from Chon-Ji to Do-San
5 gup	from Chon-Ji to Won-Hyo
4 gup	from Chon-Ji to Yul-Gok
3 gup	from Chon-Ji to Joong-Gun



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2 gup	from Chon-Ji to Toi-Gae
1 gup	from Chon-Ji to Hwa-Rang
I dan	from Chon-Ji to Ge-Baek
II dan	from Chon-Ji to Juche
III dan	from Chon-Ji to Choi-Yong

* In case of less than 2 competitors in category the participants can be moved to higher category following age, and then degree criteria. Competitor can be moved maximum 2 age groups above its own. A category with two competitors will take place if all of the abovementioned options not applicable.

2. Sparring:

The competitors in this discipline must be at least 10 years old and holders of minimum 8 gup.

The participants will compete in Individual Sparring discipline according to the [acting Taekwon-Do competition rules](#).

Obligatory protective gear: red or blue gloves, feet pads and helmet (depending on the draw) of approved by the International Taekwon-Do Federation trade mark (in case of not available gear or the ring umpires disapprove the ones used by the competitor, gloves and feet pads will be provided by the organizer); groin protector (only for male competitors) – worn under the dobok pant; **transparent** mouth guard; red or blue helmet (depending on the draw) with no trade mark restrictions;

Optional protective gear: chest protector (only for female competitors) - worn under the dobok jacket, shin guards of acceptable type and material.

Categories:

- **Children (10-11 years)**
Boys: -30 kg., -35 kg., -40 kg., -44 kg., -49 kg.; +49 kg.;
Girls: -30 kg., -35 kg., -40 kg., -44 kg., +44 kg.;
- **Cadets (12-13 years)**
Boys: -30 kg., -35 kg., -40 kg., -44 kg., -49 kg., -54 kg., +54 kg.;
Girls: -30 kg., -35 kg., -40 kg., -44 kg., -49 kg., +49 kg.;
- ❖ **Bouts duration for Children and Cadets: 2 rounds X 1,5 min. with 1 min. break.**
- **Juniors (14-17 years)**
Male: -50 kg., -56 kg., -62 kg., -68 kg., -75 kg., +75 kg.;
Female: -45 kg., -51 kg., -55 kg., -60 kg., -65 kg., +65 kg.
- **Seniors (over 18 years)**
Male: -57 kg., -63 kg., -70 kg., -78 kg., -85 kg., +85 kg.;
Female: -50 kg., -56 kg., -62 kg., -68 kg., -75 kg., +75 kg.



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❖ Bouts duration for Juniors and Cadets: 2 Rounds X 2 min. with 1 min. break.

* In case of only 1 competitor in category he/she may be moved maximum 2 weight categories over his/her own

* The Individual Sparring discipline will be conducted using the scheme of direct eliminations.

3. Special Techniques:

Categories:

Male and female: 6 years, 7 years, 8 years, 9 years, 10 years, 11 years, 12 years, 13 years, Juniors, Seniors.

- Initial heights for the different techniques on the Special Techniques competition:

	Twimyo Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Twimyo Bandoe Dollyo Chagi	Twio Dolmyo Yop Cha Jirugi	Twimyo Nopi Yop Cha Jirugi
Boys 6 years	125 cm.				
Boys 7 years	130 cm.				
Boys 8 years	140 cm.				
Boys 9 years	145 cm.				
Boys 10 years	160 cm.	145 cm.			
Boys 11 years	165 cm.	150 cm.			
Boys 12 years	180 cm.	165 cm.	160 cm.		
Boys 13 years	185 cm.	170 cm.	165 cm.		
Junior male	230 cm.	215 cm.	195 cm.	195 cm.	110 cm.*
Senior male	250 cm.	230 cm.	210 cm.	210 cm.	140 cm.*

	Twimyo Nopi Ap Cha Busigi	Twimyo Dollyo Chagi	Twimyo Nopi Yop Cha Jirugi
Girls 6 years	120 cm.		
Girls 7 years	125 cm.		
Girls 8 years	135 cm.		
Girls 9 years	140 cm.		
Girls 10 years	155 cm.	140 cm.	
Girls 11 years	160 cm.	145 cm.	
Girls 12 years	175 cm.	160 cm.	
Girls 13 years	180 cm.	165 cm.	
Junior female	200 cm.	185 cm.	100 cm.*
Senior female	210 cm.	190 cm.	120 cm.*

* For Twimyo Nopi Yop Cha Jirugi pointed height parameters are referred to the obstacle in front of the board.

* In case of more than sixteen/thirty two (16,32) competitors in kids categories, they shall be divided into two/three (2,3) groups according to height criteria with equal number of participants in each group. **The height of the board for the group with competitors with lower height is with 5 cm below the pointed ones, and the group with higher competitors is with 5 cm above the pointed board height.**



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4. Power Test:

Categories:

Male and female: 6 years, 7 years, 8 years, 9 years, 10 years, 11 years, 12 years, 13 years, Juniors, Seniors.

- For the Power Test competition for Children (6-11 years), Cadets (12-13 years), Juniors and Seniors to 7 gup (including) will be used dynamometer. Techniques - Sonkal Taerigi and Dollyo Chagi.

- For Juniors and Seniors with minimal technical degree - 6 gup, initial number of boards for the power test competition:

	Ap-joomuk Jirugi	Sonkal Taerigi	Yopcha Jirugi	Dollyo Chagi	Bandae Dollyo Chagi
Junior male (14-17 г.)	1 board	1 board	2 boards	2 boards	2 boards
Senior male	2 boards	2 boards	3 boards	2 boards	2 boards
Junior female (14-17 г.)		1 board	1 board	1 board	
Senior female		1 board	2 boards	2 boards	

* In case of more than sixteen/thirty two (16,32) competitors in the categories, they shall be divided into two/three (2,3) groups according to height criteria with equal number of participants in each group.

Final standings and prizes:

- In each discipline the competitors from first to tenth place shall receive points, the first one receives 10 points, the second one 9 points, the third one receives 8 points etc. For every age category (6-7 years, 8-9 years, 10-11 years, 12-13 years, Juniors, Seniors) there will be special prize for the male and female quadrathlonist according to all collected points from all disciplines. If two or more competitors have equal points, the prize is awarded to the one who:

- Has more gold medals;
- Has better results in Pattern discipline;
- Has better results in Sparring discipline;
- Has better results in Special Techniques discipline;
- Has better results in Power Test discipline;
- Has a victory against the other in any of the disciplines;
- If none of the above mentioned criteria is applicable a draw will be conducted.

- Winners from first to third place in every category shall receive diploma and medal.

- The clubs shall be awarded with 4 sets of cups. Overall standings for Children (6-11 years), Cadets and Juniors (12-17 years), Seniors (over 18 years) will be formed according to won medals criteria and the Final overall standing will be formed according to points won by the competitors in all 4 disciplines.



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Coaches:

- All coaches must be familiar with competition rules especially with coach's obligations.
- Official Umpire-Coaches meeting will be held on 1.12.2018 and on 2.12.2018 at 08:30 AM in "Arena Armeets" Small Sports Hall, Sofia.

Umpires:

- Chief Umpire will be Mr. Hristiyan Tsankov.
- Umpires are provided by participant clubs. Every participant club must provide umpires according to the following criteria:

- * 1-10 competitors – 1 Umpire;
- * 11-20 competitors – 2 Umpires;
- * Over 20 competitors – 3 Umpires.

- Participating Umpires must be applied on e-mail: oc@taekwondo.bg till 26.11.2018 in the application form with the competitors. Applications must include name, surname and technical degree.
- For every missing Umpire clubs will be charged penalty fee of 50,00 €.
- Official Umpire-Coaches meeting will be held on 1.12.2018 and on 2.12.2018 from 08:30 AM in "Arena Armeets" Sports Hall, Sofia

Participation expenses for the Quadrathlon Taekwon-Do championship:

- Participation fee – 20,00 EUR per competitor.
- Every guest umpire will receive 30,00 EUR salary.
- All other expenses must be covered by participant clubs.
- Upon request of participant clubs Organizers can offer accommodation for the stay in Sofia at reasonable prices

Organizing Committee of „SOFIA OPEN“ 2018 Taekwon-Do Tournament



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