

Dear Instructors and students,

We have the great pleasure to invite you all to Sabum Lylian Doulay VI degree seminar. Vice World Champion, 3x World Cup Winner, 4x times European Champion.

Mr. Doulay is known for amazing leg control abilities as well as his amazing technical abilities.

The seminar will take place in Tampere on the 23-24.3.2019

We warmly welcome you to Tampere and hope that you will enjoy every minute of that unique experience.

Best Regards,

Master Thierry Meyour
VII Degree
Black Eagle Taekwon-Do Head Instructor.
More information: betkdseminars@gmail.com

#### 1- GENERAL INFORMATION

The seminar's content is planned by Mr Doulay, but the main themes will be:

- Leg control drills, Technical kicking drills, patterns training, physical conditioning.

IMPORTANT: Tatamis will be used.

The seminar is open to all ITF Finland members 11 y.o and above with a valid license from 8 Gup and above. Only 100 Places are available.

Make sure you have your license is purchased and activated before the registration deadline you choose (see §3).

Date: 23-24.3.2018

Place:

# Pohjois-Hervannan Koulu

Opiskelijankatu 29 33720 Tampere, Finland

#### 2- SEMINAR SCHEDULE:

#### Saturday:

10.30-12.00: Seminar

12.00-13.30: Break

13.30-15.00: Seminar

15.00-15.30: Photo Session

15.30-17.00: Seminar (Red and Black Belts).

#### Sunday:

10.30-12.00: Seminar

12.00-13.30: Break

13.30-15.00: Seminar

15.00-16.00: Q&A

### 3- SEMINAR FEE AND PAYMENT INFORMATION:

#### Fee:

## EARLY BIRD (REGISTERED AND PAID BY THE 06.01.2019)

40€/whole seminar or 25€/1 day (ITF Finland members)

50€/whole seminar or 30€/1 day (non ITF Finland members)

#### STANDARD (REGISTERED AND PAID BY THE 03.02.2019)

50€/whole seminar or 30€/1 day (ITF Finland members)

60€/whole seminar or 35€/1 day (non ITF Finland members)

## **RUSH (REGISTERED AND PAID BY THE 03.03.2019)**

60€/whole seminar or 35€/1 day (ITF Finland members)

70€/whole seminar or 40€/1 day (non ITF Finland members)

## LATE (REGISTERED AND PAID BY THE 22.03.2019)\*

70€/whole seminar or 40€/1 day (ITF Finland members)

80€/whole seminar or 45€/1 day (non ITF Finland members)

\*Only if places are available

Payment should be made through your club and NOT as individuals. Payment should APPEAR on our school's account latest on the deadline you choose:

Black Eagle Taekwon-Do: IBAN: FI03 1682 3500 0118 01

In message box state the amount of participants as well as the deadline chosen.

# **Cancellation/modification policy (Any reason):**

# **Cancellation after payment received:**

Before 03.03.2019: 50% After 03.03.2019: No refund

Switching participant can be done. So we highly recommend switching than cancelling.

#### 4- OTHER INFO:

- Spectators are not allowed unless they pay the full seminar fee.
- Filming is permitted but online publishing is not allowed without the prior consent of the organizer.

# 5- REGISTRATION:

REGISTRATION DONE THROUGH ITF FINLAND'S DATABASE (you can get your credentials from Mr Lasse Kuusisto: lasse.kuusisto@taekwon-do.fi): www.taekwon-do.fi/ilmoittautuminen

Only 100 places

More information: betkdseminars@gmail.com

# DON'T MISS THIS EVENT, REGISTER NOW!!!

WELCOME!!!