

# INVITATION

SPORTSHALL: 'DE VIERGANG'  
PIJNACKER  
THE NETHERLANDS

MAY, 25<sup>TH</sup> & 26<sup>TH</sup> 2019

**HOLLANDCUP** NET

ITF TAEKWON-DO

## 10<sup>TH</sup> ANNIVERSARY

SPARRING - (TEAM)PATTERN  
PRE-ARRANGED FREE SPARRING  
TEAM EVENT - SOCIAL EVENT  
OVERALL CATEGORY  
CHON-JI CHALLENGE  
POWER BREAKING



WWW.HOLLANDCUP.NET

## COMPETITION INFORMATION

For the tenth consecutive time FTW-Events organises the ITF Taekwon-Do tournament the “Holland Cup”. Competition is open for all divisions (youth, juniors, seniors and veterans; colour belt and black belt) in the categories sparring, (team)pattern, power breaking, overall category sparring, Chon-ji challenge and pre-arranged free sparring.

Because it's the 10<sup>th</sup> anniversary of the Holland Cup, the tournament will get a make-over. The make-over will include a new logo and also the appearance of the hall will change.

Furthermore, on the Saturday evening (May 25<sup>th</sup>) there will be a social event at Sportschool Tim Kool Delft, which is near the hotels and city centre. The social event will about socializing with friends (14 years and above).

<b>Organizing committee:</b>	Tim Kool (V), Corine Kool (III), Sonja Meijler (I)
<b>Head of umpires:</b>	Rory de Vries (V)
<b>Location:</b>	Sportcentre “De Viergang”, Sportlaan 1b, Pijnacker

## PROGRAMME

Date:	Saturday May 25 <sup>th</sup> 2019	Sunday May 26 <sup>th</sup> 2019
<b>Class:</b>	A-class (black belts) B-class (4 <sup>th</sup> kup - 1 <sup>st</sup> kup)	C-class (10 <sup>th</sup> -5 <sup>th</sup> kup)
<b>Hall open:</b>	08.00 hr	09.00 hr
<b>Height check youth:</b>	08.00 – 8.45 hr	09.00 – 9.45 hr
<b>Weight check juniors/seniors/veterans:</b>	08.00 – 8.45 hr	09.00 – 9.45 hr
<b>Extra weight check seniors/veterans:</b>	11.00 – 11.30 hr	11.00 – 11.30 hr
<b>Umpire meeting:</b>	08.15 hr	09.15 hr
<b>Coach meeting:</b>	08.45 hr	09.45 hr
<b>Start of competition:</b>	09.15 hr	10.15 hr

## CATEGORIES

In this edition of the Holland Cup, competitors can participate in 7 categories. These are:

- ✓ Pattern
- ✓ Sparring
- ✓ Team pattern
- ✓ Chon-Ji challenge
- ✓ Power breaking
- ✓ Pre-arranged free sparring
- ✓ Overall category sparring

Competition is open for youth, juniors, seniors and veterans from any grade or degree. For an extensive description of the categories and rules per category we refer to the Holland Cup tournament rules which can be found on [www.hollandcup.net](http://www.hollandcup.net).

## COACHES

Competing gyms are allowed to subscribe coaches for both days. The amount of coaches depends on the number of competitors subscribed for that day. *For example, a school subscribes 9 A-/B-class competitors on Saturday and 2 C-class competitors on Sunday. This gym is allowed to subscribe 3 coaches for Saturday and 2 coaches for Sunday. Of course the coach may coach on both days.*

<b>1 – 7 competitors:</b>	2 coaches
<b>7 – 13 competitors:</b>	3 coaches
<b>13 – 20 competitors:</b>	4 coaches
<b>Over 20 competitors:</b>	5 coaches

<b>Coach attire:</b>	Tracksuit, sneakers and towel
<b>Minimum age:</b>	16 years

## UMPIRES

Competing gyms that subscribe more than 5 competitors on Saturday will have to enter 1 umpire for this day. Gyms with less than 5 umpires on Saturday are encouraged to bring umpires in order to help make the tournament impartial. Gyms with more than 5 competitors on Saturday that do not register an umpire will be charged a fine of € 75,-. Umpires are obliged to show their umpire license on the day of competition.

**Attire:** Navy blue pants, white shirt, navy blue tie, white shoes.

## SUBSCRIPTION FEE

<b>Saturday</b>	<b>Categories</b>			<b>Sunday</b>	<b>Categories</b>	
	<b>1</b>	<b>2</b>	<b>3</b>		<b>1</b>	<b>2/3</b>
A-/B-class youth	€ 27,50	€ 35,00	€ 40,00	C-class youth/jun/sen	€ 25,00	€ 30,00
A-/B-class jun/sen/vet	€ 30,00	€ 37,50	€ 42,50			
Teampattern			€ 35,00			
Pre-arranged free sparring team			€ 20,00			
Overall category sparring jun/sen/vet A-/B-klasse			€ 15,00			

## ENTRANCE FEE FOR SPECTATORS

<b>Single day ticket</b>		<b>Weekend ticket</b>	
0 - 10 years	€ 3,00	0 - 10 years	€ 5,00
11 years and over	€ 5,00	11 years and over	€ 8,50

## CATEGORIES

### Individual sparring:

Sparring competition will be divided into the following categories\*:

Youth girls:	-130, -140, -150, -160, -170, +170 cm
Youth boys:	-130, -140, -150, -160, -170, +170 cm
Junior female:	-45, -50, -55, -60, -65, +65 kg
Junior male:	-50, -56, -62, -68, -75, +75 kg
Senior female:	-50, -56, -62, -68, -75, +75 kg
Senior male:	-57, -63, -70, -78, -85, +85 kg
Veterans female:	-62, +62 kg (combined A-/B-class)
Veterans male:	-70, +70 kg (combined A-/B-class)

*A-/B-class youth/veterans and all C-class competitors 1 round individual sparring. A-/B-class junior/senior competitors always 2 rounds sparring*

### Individual pattern competition:

Pattern competition will be divided into the following categories\*:

Youth girls:	10 <sup>th</sup> – 8 <sup>th</sup> kup / 7 <sup>th</sup> – 5 <sup>th</sup> kup / 4 <sup>th</sup> – 1 <sup>st</sup> kup / 1 <sup>st</sup> and 2 <sup>nd</sup> dan
Youth boys:	10 <sup>th</sup> – 8 <sup>th</sup> kup / 7 <sup>th</sup> – 5 <sup>th</sup> kup / 4 <sup>th</sup> – 1 <sup>st</sup> kup / 1 <sup>st</sup> and 2 <sup>nd</sup> dan
Junior female:	10 <sup>th</sup> – 8 <sup>th</sup> kup / 7 <sup>th</sup> – 5 <sup>th</sup> kup / 4 <sup>th</sup> – 1 <sup>st</sup> kup / 1 <sup>st</sup> dan / 2 <sup>nd</sup> and 3 <sup>rd</sup> dan
Junior male:	10 <sup>th</sup> – 8 <sup>th</sup> kup / 7 <sup>th</sup> – 5 <sup>th</sup> kup / 4 <sup>th</sup> – 1 <sup>st</sup> kup / 1 <sup>st</sup> dan / 2 <sup>nd</sup> and 3 <sup>rd</sup> dan
Senior/veteran female:	10 <sup>th</sup> – 8 <sup>th</sup> kup / 7 <sup>th</sup> – 5 <sup>th</sup> kup / 4 <sup>th</sup> – 1 <sup>st</sup> kup / 1 <sup>st</sup> dan / 2 <sup>nd</sup> dan / 3 <sup>rd</sup> dan / 4 <sup>th</sup> dan and up
Senior/veteran male:	10 <sup>th</sup> – 8 <sup>th</sup> kup / 7 <sup>th</sup> – 5 <sup>th</sup> kup / 4 <sup>th</sup> – 1 <sup>st</sup> kup / 1 <sup>st</sup> dan / 2 <sup>nd</sup> dan / 3 <sup>rd</sup> dan / 4 <sup>th</sup> dan and up

*A-/B-class youth and all C-class competitors 1 round individual pattern. A-/B-class junior/senior/veterans competitors always 2 rounds pattern.*

### Power breaking competition:

Power breaking competition is only for the juniors/seniors/veterans and will be divided into the following categories\*:

Junior female:	4 <sup>th</sup> kup and up
Junior male:	4 <sup>th</sup> kup and up
Senior/veteran female:	4 <sup>th</sup> kup and up
Senior/veteran male:	4 <sup>th</sup> kup and up

*\*(The organisation has the right to divide / combine categories, depending on the number of subscriptions)*

### Chon-Ji challenge

The Chon-Ji challenge is only for C-class competitors. In this challenge all competitors will perform Chon-Ji and will be judged by umpires. The best Chon-Ji will win!

The Chon-Ji challenge will be divided into the following categories:

Youth:	10 <sup>th</sup> -5 <sup>th</sup> kup (boys and girls combined)
Juniors/seniors/veteran:	10 <sup>th</sup> -5 <sup>th</sup> kup (male and female combined)

### Overall category sparring

The overall category sparring will have 1 round of 3 minutes and are divided into the following categories:

Junior females A-&B-class:	4 <sup>th</sup> kup and up
Junior males A-&B-class:	4 <sup>th</sup> kup and up
Senior/veteran females A-&B-class:	4 <sup>th</sup> kup and up
Senior/veteran males A-&B-class:	4 <sup>th</sup> kup and up

*(For more information about the team events or individual categories, we refer to the Holland Cup tournament rules which can be found on [www.hollandcup.net](http://www.hollandcup.net))*

## SOCIAL EVENT

On the evening of Saturday 25<sup>th</sup> of May there will be a Holland Cup social event. The social event will take place at Sportschool Tim Kool (Van Lodensteynstraat 114, Delft) from 22.30 – 01:30, and will be a great opportunity to catch up with friends in a relaxing atmosphere with some nice music. Entry to the social event is restricted to those 14 years and older and is free for competitors / coaches / umpires. Official identification papers are necessary for age checks in order to purchase alcoholic beverages. Alcohol is only allowed for 18 years and older.

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## TEAM EVENT SUNDAY

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On Sunday morning, before the C-class competitors will start, there will be a special team event. The teams Hong and Chong will consist of competitors that are invited by the organization. Regularly World- and/or European champions are among the team members. The team event will take place on Sunday morning, before the C-class starts, so that they can see for themselves what high level Taekwon-Do looks like.

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## LIABILITY

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The tournament organisation cannot be held liable for injuries acquired on the day of tournament due to irresponsible actions. For injuries due to errors made by the organisation, Sportschool Tim Kool can be held liable, but never to amounts above Sportschool Tim Kool's liability insurance. Press material made by the Holland Cup organization or individuals appointed by the organizing committee can be publicly used. Being present as competitor, coach or umpire at this competition means that you agree with these rules. We highly recommend competitors to bring their identification papers to the tournament as, in case of injury, Dutch hospitals will ask for these papers.

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## PRESS AND PROMOTIONAL MATERIAL

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Promotional material (e.g. banners, flags) is strictly reserved for the organizing school. Other promotional material is not allowed. Filming is only allowed from the stands. Coaches and staff of the Holland Cup are exclusively allowed to photograph on the competition area. Photographing is only allowed for competitors from behind the fences. Photographs can be found after the tournament at [www.hollandcup.net](http://www.hollandcup.net) and on the official "Holland Cup" Facebook page.

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## SUBSCRIPTION

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Subscription will go through [www.sportdata.org/taekwondo\\_itf](http://www.sportdata.org/taekwondo_itf). Here you can klik on the Holland Cup event to register your competitors.

For questions or problems with the subscription you can contact the organizing committee by email on [hollandcup@ftw-events.nl](mailto:hollandcup@ftw-events.nl), phone on +31638427609 (Tim Kool), +31642127910 (Rory de Vries) or +31641372690 (Corine Kool).

- ✓ Errors made in the subscription, after the deadlines mentioned in Sportdata, that will lead to a change in division of competitors will only be corrected after a fine payment of € 15,-.
- ✓ Competitors that are registered after the deadline and don't compete, for any reason, will still have to pay the registration fee.
- ✓ By subscription to this competition you agree to all mentioned obligations/regulations.

## ACCOMODATIONS

### Campanile Hotel

*Kleveringweg 53, 2616 LZ Delft*

Especially for this tournament the Campanile hotel has an arrangement for our foreign visitors! This three star hotel offers the price of **€ 46,00** per person per night (twin/double room, tourist tax excluded). This price includes breakfast! The campanile Hotel Delft offers excellent facilities at an attractive rate and has a very convenient location. It is easily reached from the A13 motorway or by public bus and/or tram. If you would like to make a reservation, please mention that you are competing at the Holland Cup 2019, otherwise you won't get the offered discount. For reservations please visit: [www.campanile-delft.nl](http://www.campanile-delft.nl).



### Westcord Hotel

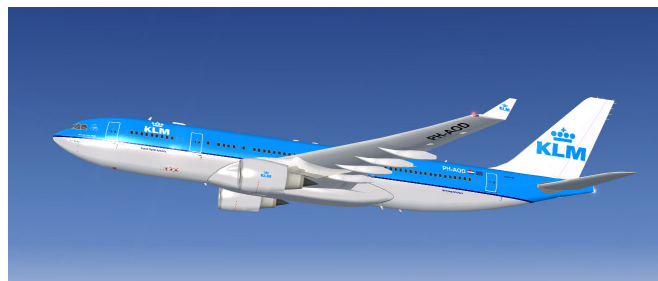
*Olof Palmestraat 2, 2616 LM Delft*

WestCord hotel Delft is ideally situated on the A13 in Delft between Rotterdam and Den Haag (The Hague), next to IKEA. WestCord Hotel Delft is home to 140 contemporary designed hotel rooms, provided with air conditioning. Free wireless internet is available throughout the hotel. It is wonderful to relax in the fitness area with sauna! Afterwards, you can unwind further with drink in the bar on the heated terrace, or have a bite to eat in the restaurant. Our open and contemporary ambiance will make you feel at home. This hotel will also offer the special rate of **€ 52,00** per person per night based on a twin/double room, tourist tax excluded or **€ 104,00** for a single room, tourist tax excluded. For reservations please visit: [www.westcordhotels.nl/hotels/Hotel-Delft](http://www.westcordhotels.nl/hotels/Hotel-Delft) and mention the Holland Cup 2019..



## TRANSPORT BY AIR

To transport to the Netherlands by plane we recommend using either The Hague-Rotterdam Airport or Schiphol. The Hague-Rotterdam Airport is located 15km from the recommended hotels, transport to the hotels is most efficient by taxi or bus. Schiphol on the other hand is about 45km from the hotels. However, there is a good train connection between Schiphol and Delft. Distance from the Delft train station to the hotels is 3km and best done via bus or taxi. Travel from schiphol to the hotel via public transport should take maximally one hour. For more information please look at [www.hollandcup.net](http://www.hollandcup.net) or contact us on e-mailaddress [hollandcup@ftw-events.nl](mailto:hollandcup@ftw-events.nl).



MAP "DE VIERGANG"

