



NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

extremefighters1@gmail.com

NI-KKO FIGHTING STYLE

19 march 2023

ROMA OPEN

TAEKWON-DO ITF

PALATORRINO - VIA FIUME GIALLO, 47 ROMA



extremefighters1@gmail.com

www.sportdata.org/ www.fitae-itf.com



NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

Invitation

October 12th, 2022

Dear ITF members,

In collaboration with the Italian Taekwon-Do Federation FITAE-ITF, we invite you to the **6th NI-KKO ROMA OPEN TAEKWON-DO ITF** which will be held in **Sports Hall PALATORRINO, Via Fiume Giallo 47, Rome** on **Sunday March 19th, 2023**, according to the following approximate program:

hrs. 09.00-13.00	Children and Cadets
hrs. 14.00-20.00	Junior and Senior / Veterans

Please receive the necessary information to attend the **NI-KKO ROMA OPEN TAEKWON-DO ITF** event.

Closing of the online registration on Sportdata will be on **Wednesday March 15th, 2023 at 23:00pm**.

Electronic scoring system and large screens for black belt competition are available to have a professional approach.

We are looking forward to meeting you in beautiful Rome.

Roma Open Organization Team

GM Wim Bos
Master Stefano Minotti
Master Leandro Iagher
Sabum Paolo Gentile
Mrs. Tiziana Mimmocchi



NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

Information

Date and Place

The event will be held on Sunday March 19th, 2023, in the

Sports Hall PALATORRINO, Via Fiume Giallo 47, Roma

How to arrive

The venue is easily reachable from the center of Rome by a 20 minutes travel.

- **Arriving at Railway Station TERMINI** (center of Rome):

by **TAXI** (Note: take a regular white taxi) 36 min (15.5 Km) / 26 min without traffic
<https://goo.gl/maps/fHBazeUJqhQ2>

by **PUBLIC TRANSPORT**:

Metro B-B1 (dest. Laurentina), get off at Eur Palasport and take bus 777 to Palatorrino (tot. 50 min.)

- **Arriving at Leonardo da Vinci International**

Airport: by TAXI (Note: take a regular white taxi)
17 min (19.5 km) <https://goo.gl/maps/AC9zLvcTR1w>

by **PUBLIC TRANSPORT** :

🚶 🚗 FL1 🚗 FC2 🚌 777 (1 h 20 min, not advisable due to three interchanges)

- **Arriving at Ciampino Airport:**

by **TAXI** (Note: take a regular white taxi) 20 min. (19 km) <https://goo.gl/maps/G8JFXHc1HvJ2>

N.B.: Click [HERE](#) to plan your traveling in Rome by public transport.

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Accommodation

Participants may find their own accommodation in the area of the sports hall:

- Sheraton Parco de' Medici Rome Hotel
- Holiday Inn Rome - Eur Parco Dei Medici
- Rome Marriott Park Hotel
- Novotel Roma Eur

In addition, many B&B are available around the venue.

The Sports Hall PalaTorrino

The Sports Hall [PALATORRINO](#), located in Via Fiume Giallo, 47, 00144 Rome (Zona Eur-Torrino), hosts many national martial arts events.





NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

Main Sponsor



www.nikkosportitf.com

Competition

The participation in the Roma Open of organizations, clubs or members of other ITF organizations is subject to the favorable opinion of the FITAE-ITF Board of Directors.

Competitors must be in possession and accept the following to participate:

- ITF dobok
- To accept the competition program.
- To accept that the organizers may modify a division and/or category based on the numbers of competitors.
- Medals will be given to 1st, 2nd and one 3rd place winner.
- For other matters, the ITF competition rules will be observed.

Age Divisions - AGE IS BASED ON BIRTHDAY DATE (not on year of birth)

- **Children** (6 - 11 years)
- **Cadets** (12 – 14 years)
- **Juniors** (15 – 17 years)
- **Seniors** (18 - 35 years and above)
- **Veterans** (36 years and above)*

* Veterans wishing to compete in the Senior category are allowed to do so but then they cannot compete in the Veterans categories.



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Inscription / Draws

Inscription for this event must be done online through www.sportdata.org

Closing of the online inscription on **Wednesday 15th March 2023 at 23.00 hrs.**

- Draws will be online on Thursday March 16th, 2023, from 23.00 hrs.
- With the enrollment closed, all registered athletes will have to pay the registration fee even if not attending.

N.B.: Each Club Director is responsible for the correct online registration of his/her athletes. Please check your lists carefully!

Competition Entry Fees

Children and Cadets € 35,00 / Juniors - Seniors - Veterans € 40,00
To be paid in cash on arrival at the registration desk.

Umpires

Any School/Club/Gym must participate with Umpire(s) according to the following:

- Up to 8 competitors: 0 **Umpire** / More than 8 competitors: 1 **Umpire**

School/Club/Gyms that **do not** participate with a requested Umpire shall pay - **with no exception** - the amount of **75 €** for the missing Umpire.

- Umpire outfit: dark blue (or black) pants, dark blue jacket, tie, white shirt and white shoes.
- Umpires will be provided with drinks, lunch and snacks.
- Umpires shall receive a compensation based on the role played during the event.

ATTENTION

- Any Umpire wishing to officiate must inform Master Luca Maragoni FITAE-ITF Umpire Chair of his /her participation by email : arbitri@fitae-itf.com on or **before March 10th, 2023**

Coaches outfit

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- Tracksuit, sport shoes, towel.



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Inscription Fees, Height measuring and Weigh In for all competitors

The **total** inscription fee of each participating club must be paid **in cash** on **Saturday March 18th, 2023, from 17.00pm to 21.00pm** or on **Sunday March 19th, 2023 from 7.30 am** by the club Director in the **Sports Hall PALATORRINO, Via Fiume Giallo 47, Rome.**
Sorry, no credit card payment facility.

Attention:

- There will not be a weigh in check for all the participants with the whole club present at the same time as **there shall be a random modality for height measuring and/or weight check for competitors near the ring.** Therefore, participants might be present one hour before starting their actual division/category.
- Competitors found in an incorrect division/category following an eventual random check will be moved to a different category paying an extra penalty fee of € 25,00.

Each Club Director is responsible for the correct Sportdata online registration of his/her athletes.

Please check your Sportdata registration carefully!

Each Club Director is responsible for the total payment of all his athletes.

Sparring Equipment

Competitors must have the following equipment:

- Hand and foot gear (color is not important)
- **Red and Blue Head** gear depending on the draw
- **Transparent** mouth guard
- Groin guard (worn inside the dobok trousers).

Protest

The coach is the only one that can present a protest according the ITF Tournament rules.

Protest fee: 100 €



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Competition Program

07.30	Opening of the Sports Hall
08.15	Umpire meeting conducted by FITAE-ITF Umpire Committee
08.30	Opening speech
08.45	Children and Cadets all belts competitors ready close to their ring
09.00-13.00	Children and Cadets all belts - Competition
14.00-20.00	Junior and Senior all belts and all Veterans – Competition (Be present at 13.00 hours)

Divisions/Categories/Children (6-11 years)

Individual Pattern / Individual Sparring / High Front Jumping kick /

Individual Pattern – Divisions

- Pulcini /Chicks 6-7 years old (one category M/F)
- Draghetti /Dragons 8-9 years old (one category M/F)
- Speranze /Kids 10-11 years old (one category M/F)

Yellow belt/Yellow superior	Competitor free choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitor free choice	from	Chon-Ji	to	Yul-Gok
Blue belt /Blu sup.	Competitor free choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red sup.	Competitor free choice	from	Chon-Ji	to	Choong-Moo
Black Belts	Umpire choice	from	Chon-Ji	to	Ge-Baek

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.
- Each bout consists of **one** pattern only.



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Children Individual Continuous Sparring – No punching to the face!

Individual Sparring - Divisions

- Pulcini /Chicks 6-7 years old - Male
- Pulcini /Chicks 6-7 years old - Female
- Draghetti /Dragons 8-9 years old - Male
- Draghetti /Dragons 8-9 years old – Female
- Speranze /Kids 10-11 years old - Male
- Speranze /Kids 10-11 years old – Female

Groups:

- Group 1 yellow and green belts
- Group 2 blue, red and black belts

Height Class:

- Pulcini /Chicks (6-7 years) -125 cm / + 125 cm
- Draghetti /Dragons (8-9 years) -135 cm / + 135 cm
- Speranze /Kids (10-11 years) -145 cm / + 145 cm

Duration of round: 1 x 1.30 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.

Children High Front Jumping Kick – Divisions

- Pulcini /Chicks 6-7 years old (one belt category M/F)
- Draghetti /Dragons 8-9 years old (one belt category M/F)
- Speranze /Kids 10-11 years old (one belt category M/F)

Cadets (12, 13, 14 years)

Individual Pattern / Individual Sparring / High Front Jumping Kick

Individual Pattern - Cadets

Each bout consists of **one pattern only**.



NI-KKO ROMA OPEN TAEKWON-DO ITF 2023

Categories:

- Male Cadets 12-14 years old
- Female Cadets 12-14 years old

Cadets (12-14) - Pattern					
Yellow belt/Yellow superior	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black I and II degree	Umpire choice	from	Chon-Ji	to	Ge-Baek

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.
- Each bout consists of one pattern only.

Individual Sparring - Cadets

Age Divisions:

1. Male Cadets 12-14 years old
2. Female Cadets 12-14 years old

Belt Division Cadets:

- Group 1: yellow and green belts
- Group 2: blue, red, and black belts

Weight Class

- Male -40kg, -45 kg, -52 kg, -60 kg, +60 kg
- Female -35kg, -40 kg, -45 kg, -50 kg, + 50 kg

Duration of round: 1 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.

Individual High Front Jumping Kick - Cadets

- Male Cadets / 12-14 years old / one belt and height category
- Female Cadets / 12-14 years old / one belt and height category



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Junior (15-17 yrs.) - Senior (18-35 yrs.) - Veteran (+36 yrs.)

Individual Pattern

Categories:

- Male Junior 15-17 years old
- Female Junior 15-17 years old
- Male Senior 18-35 years old
- Female Senior 18-35 years old
- Male Veterans 36 years and above
- Female Veterans 36 years and above

Junior Individual (15-17 years old) Male and Female					
Yellow belt/Yellow superior	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II – III degree	Umpire choice	from	Chon-Ji	to	Ju-Che
Senior (18-35 years old) Individual Male and Female					
Yellow belt/Yellow superior	Competitors choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitors choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitors choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitors choice	from	Chon-Ji	to	Choong-Moo
Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II degree	Umpire choice	from	Chon-Ji	to	Ju-Che
Black III degree	Umpire choice	from	Chon-Ji	to	Choi-Yong
Black IV to VI degree	Umpire choice	from	Chon-Ji	to	Moon-Moo



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Veteran (36 years and above) Male and Female

Black Belts & Colored belts - one division.	Competitors choice	from	Chon-Ji	to	Choong-Moo
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- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.
- Each bout consists of one pattern only.

Individual Junior Sparring

- Group 1: yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

Weight class - Group 1, 2, 3

- Male - 45 kg, -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg
- Female - 42 kg, -48 kg, -55 kg, -62 kg, + 62 kg

Duration of round - **Group 1 and 2: 1 x 2 minutes**

Duration of round - **Group 3: 2 x 2 minutes**

Individual Senior Sparring

- Group 1: yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

Weight class - Group 1, 2, 3

- Male - 57 kg, -63 kg, -69 kg, -76 kg, -81 kg, +81 kg
- Female - 50 kg, -56 kg, -62 kg, -68kg, +68 kg

Duration of round - **Group 1 and 2: 1 x 2 minutes**

Duration of round - **Group 3: 2 x 2 minutes**

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.



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Individual Veteran Sparring

- Group 1: yellow and green belts
- Group 2: blue, red and black belts

Weight classes - Group 1 and/or 2

- Male -70 kg, +70 kg
- Female -55 kg, +55 kg

Duration of round - **Group 1 and 2: 1 x 2 minutes**

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.

Attention please: participation is at your own risk. The organization is not responsible for any injury or other matter, which might happen during the event. We recommend that your competitors be in possession of an insurance, which covers any problem that might occur during traveling and participation to the event.

We are looking forward to meeting you in Italy, please feel free to ask any question to:

extremefighters1@gmail.com