



ŠPORTOVÝ KLUB

Taekwon-Do GE-BAEK Prešov



INTERNATIONAL TAEKWON-DO FEDERATION

The 18th PREŠOV OPEN 2020
INTERNATIONAL TOURNAMENT
TAEKWON-DO ITF



TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA

14. – 15. March 2020

HA Baštová 32, Prešov

www.gebaek.sk

PRESOV OPEN

TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA

General informations:

1. The head of organizing committee:

Tomáš Olejár, e-mail: gebaek.presov@gmail.com

ENTRY FORMS

The clubs must complete registration of competitors by 10th March 2020. Registration is online via <https://www.events.gebaek.sk>. Only instructors should do the registration. Coaches and referees have to be register by online registration system.

2. Registration:

ONLINE REGISTRATION DEADLINE:

Registration by system - 10th march 2020 (until midnight)
Modifications - 12th march 2020 (until midnight)

ATTENTION!!! Registration will be done by ONLINE REGISTRATION SYSTEM. Registration must be completed by all clubs until 10th March 2020. We can only accept an modifications (injuries, illnes, ...) from these clubs by email only until 12th March 2020.

3. Date and place:

March 14th to 15th 2020, Prešov- Slovakia

4. Address:

HA Baštová 32, Prešov

Baštová 32

Prešov

PRESOV OPEN

TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA

5. Division/ Categories:

- Divisions/categories must consist of two or more competitors – if there is only one competitor he/she will compete in a lower or higher category or division,
- Black belts m/f, coloured belts m/f,
- Younger Children 6 - 10 years (2010,209,2012,2013),
- Children 10 - 14 years (2006,2007,2008,2009),
- Juniors 14 -18 years (2002,2003,2004,2005),
- Seniors 18+ (2001 and older),
- KO system
- In younger children **pattern and sparring** groups of 4 children are formed by category. Every Child competitor wins a medal in his/her own category (1 gold, 1 silver, 2 bronze).
- The competitors have to have doctor control not older then 1 year.

INDIVIDUAL EVENTS

PATTERN:

- for competitors who have 10.gup and higher,
- one designated pattern,
- pattern finals – one designated and one optional pattern (*optional pattern must be chosen out of 3 highest patterns of the competitors technical degree*),
- categories: :

10-8 gup	(Chon-Ji –Dan-Gun)
7-6 gup	(Chon-Ji –Won-hyo)
5-4 gup	(Chon-Ji –Joong-Gun)
3-1 gup	(Chon-Ji –Choong Moo)
I. dan	(Chon-Ji –Ge-Baek)
II. dan	(Chon-Ji –Juche)
III. dan	(Chon-Ji –Choi-Yong)

SPARRING:

- 10.gup and higher,
- time: younger children: 1 x 1,5 minutes
children : 1 x 1,5 minutes
juniors: 2 x 1,5 minutes (resttime 60s)
seniors: 2 x 2 minutes (resttime 60s)

PRESOV OPEN

TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA

Weight categories sparring:

- Younger children m/f: -23kg, -27kg, -31kg, -35kg, -40kg, -45kg, +45kg
- Children m/f: -30kg, -35kg, -40kg, -45kg, -50kg, -55kg, +55kg,
- Junior male: -50kg, -56kg, -62kg, -68kg, -75kg, +75kg,
- Junior female: -45kg, -50kg, -55kg, -60 kg, -65kg, +65kg,
- Senior male: -57kg, -63kg, -70kg, -78kg, -85kg, +85kg,
- Senior female: -50kg, -56kg, -62kg, -68kg, -75kg, +75kg,

SPECIAL TECHNICS:

- from 10. gup and higher,
- Younger children m/f, children m/f, junior m/f, senior m/f,
- Divided into 2 separate categories: Twimyo nopi apchagi a Twimyo jopcha jirugi.

	Younger children male	Younger children female	Children male	Children female	Junior male	Junior female	Senior male	Senior female
Twimyo nopi apchagi	160 cm	150 cm	190 cm	180 cm	230 cm	200 cm	260 cm	220 cm
Twimyo jopcha jirugi	80 cm	70 cm	110 cm	100 cm	130 cm	110 cm	140 cm	120 cm

POWER BREAKING:

- **ATTENTION: Change of categories for children, divided by year, see table.**
- Children power breaking will be performed on electronic system, where the STRENGTH will be measured Sonkal yop taerigi and Dollyo chagi. Each children competitor will have two attempts at a given technique, the stronger technique will count in score. Competitors with the most points (the sum of both techniques) will be placed 1st, 2nd and 3rd

	Sonkal yop taerigi	Yopcha jirugi	Dollyo chagi
Children m/f 2013-2012	El. system	NIE	El. system
Children m/f 2013-2012	El. system	NIE	El. system
Children m/f 2013-2012	El. system	NIE	El. system
Children m/f 2013-2012	El. system	NIE	El. system

PRESOV OPEN

TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA

- Junior m/f, senior m/f: 4. kup and higher

	Sonkal yop taerigi	Yopcha jirugi	Dollyo chagi	Ap yoomuk jirugi	Bandae dollyo chagi
Junior m	2 boards	3 boards	2 boards	1 board	1 board
Junior f	1	2	1	---	---
Senior m	2	3	2	2	2
Senior f	1	2	2	---	---

TEAM PATTERN M/F:

- team must consists of 5 persons,
- one optional pattern
- the possibility to combine several practitioners of clubs into one team,
- the possibility to combine boys and girls in to the one team,
- the possibility to combine members of the higher and lower age category (for example: junior team can consists of 4 juniors + 1 child, senior team can consists of 4 seniors + 1 junior

TEAM SPARRING M/F:

- juniors m/f, seniors m/f,
- team consists minimum of 3 persons and maximum of 5 persons + 1 substitute,
- the possibility to combine several practitioners of clubs into one team,
- the possibility to combine members of the higher and lower age category (for example: junior team can consists of 2 juniors + 1 child, senior team can consists of 2 seniors + 1 junior.
- the team that after 5 matches gets most of the referees votes will win

- The organiser can change divisions according to participation.

6. Awardings:

- Patterns, sparring divisions: 1, 2 a 2x3 places, medal and diploma,
- Special technics, power breaking: 1, 2, 3 place, medal and diploma,
- Top three clubs will be awarded cups.

7. Entrance FEES:

- 25 eur (for all disciplines)
- Team 10 eur (for all team disciplines tul+sparing)
- **10 euro fine for every change in registration (hight, weight, cup..)**

The entry fees should be paid only in Euro and cash at registration. Credit cards or other payments than cash will not be accepted.

PREŠOV OPEN

TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA

8. Insurance:

- all competitors must have full insurance coverage for eventualities.

9. ACCOMMODATION :

Accommodation has to be arranged by the participating clubs.

Recommended accommodation:

- Hotel Lineas : <http://www.lineas.sk/>
Budovateľská č.14
Prešov 080 01
- Hotel Polo : <http://www.hotel-polo.sk/>
Karpatská č. 18
Prešov 080 01
- Penzión Adam : <http://www.pensionadam.sk/>
Jarkova č. 14
Prešov 08001
- Penzión IN : <http://www.pension-in.sk/>
Slovenská č. 90
Prešov 080 01
- Domov Mládeže A. Duchnoviča : <http://www.dm-ad-po.sk/>
Sabinovská č. 2
Prešov 080 01

10. Coaches:

- Coaches must wear a training suit and gymnastic shoes and must accept and result given by the umpires as protest will not be accepted
- The coaches meeting will take place on Saturday the 14th of March at 8.30 a. m. in Sport hall.

9. Umpires :

- Umpires have to wear the official dress.
- We would like to ask you to secure min. one umpire per club:
 - 1– 10 competitors* – club has to secure min. one umpire; **if not, the penalty is 50 Euro.**
 - Over 10 competitors* – club has to secure min. two umpires, **if not, the penalty is 100 Euro.**
- Umpires can also compete only after agreement with organizing committee.
- The Organizing committee will **pay for umpires a meal and an accommodation !!!**
- The umpire meeting will take place on Saturday the 14th of March in Sport hall.

PRESOV OPEN

TAEKWON-DO ITF CHAMPIONSHIP, SLOVAKIA

12. REGISTRATION AND WEIGHT IN:

- The Registration and Weight in will take place the 14th of March between 7:30 a.m. and 8:30 a.m. in The Sport hall. The clubs can register and weight in also on 13th of March in evening in Sport Hall (need to arrange with organizing committee)
- All competitors have to show during the registration their passport or another identification document.
- If the organizer needs to make changes in the categories during competition days due to the different weights of competitors or other reason, the club have to pay penalty of 10 euros.

11. Schedule of competition

Friday 13.03.2020 17.30 – 19.30 registration, weight-in

Saturday 14.3.2020

7:30 – 8:30 registration, weight-in
8:30 – 9:00 referee meeting
9:30 opening ceremony
10:00 the beginning of competition
19:00 finishing the first day of competition

Sunday 15.3.2020

9:00 the beginning of second day of competition
cca 17:00 finishing the whole competition, awards ceremony



SPINEA



PRE'OUKY
VEČERNÍK

KATSUDO
power of punch

TMPERX

:SVET REKLAMY