



POLISH TAEKWON-DO ASSOCIATION

20-884 Lublin, 5/B Milenijna Str., tel: +48 81 7430150, tel/fax: +48 81 7431150

<http://www.pztkd.lublin.pl> e-mail: info@pztkd.lublin.pl

Our ref. 095.2021
Lublin, Poland, May 20th, 2021

To: **ITF MEMBERS**

Subject: **149th International Instructor Course - 10th – 12th September 2021,
Lublin, Poland,**

Dear Masters, Instructors and Taekwon-Do Practitioners!

Polish Taekwon-Do Association would like to inform that it is going to host the **149th International Instructor Course** to be held in Lublin, Poland.

1. Date and venue

The course should be held from 10th – 12th September 2021 at Zdzisława Niedziela's Sporthall, Zygmuntowskie Allee 4, Lublin, Poland.

<https://goo.gl/maps/fXJ8YbsiP7KgF8UeA>

IMPORTANT NOTIFICATION: The Polish Taekwon-Do Association will not be liable for any damages caused in connection with the actions of the authorities of Poland or any other country, aimed at counteracting COVID-19 or any other, including in particular: the cancellation of the IIC, any canceled flights or accommodation reservations.

2. Accommodation

The Polish Taekwon-Do Association does not book accommodation.

Below is a list of hotels near the venue. Due to Covid-19 we suggest to book the accommodation through services such as: Booking.com, Trivago.com or others, where you can cancel the reservation prior to the event for free.

- a. **Arche Hotel Lublin** – distance: 400 meters
30 Zamojska Street, 20-105 Lublin
<https://archehotellublin.pl/kontakt>
- b. **Hotel Victoria** – distance: 1100 meters
58/60 Narutowicza Street, 20-016 Lublin
<https://victorialublin.pl/en/contact/>
- c. **Hotel Lwów** – distance: 600 meters
2 Bronowicka Street, 20-301 Lublin
<http://www.hotel-lwow.pl/>
- d. **Hotel Lublin** – distance: 2000 meters
3 Radziwiłowska Str., 20-400 Lublin.
<https://www.hotellublin.pl/kontakt>

- e. **Ibis Styles Lublin Old Town** – distance: 2400 meters
Aleja Solidarności 7, 20-841 Lublin
<https://ibislublin.pl/en/legendary-hotel-page-237051>

There are also many new, very comfortable apartments in the centre of Lublin (within the walking distance) available for a good price.

3. Time schedule:

Friday - 10th September 2021

Arrival: Before 13.00

Meeting point - entrance to the main hall of Zdzislaw Niedziela's Sporthall at 4 Zygmuntowskie Avenue, Lublin, Poland.

14.00 – 18.00 IIC seminar

Saturday - 11th September 2021:

09.00 – 13.00 IIC seminar

14.00 – 16.00 IAC seminar

19.00 Banquet: (not compulsory - the organization of the banquet will depend on the current Covid-19 situation)

Sunday - 12th September 2021:

08.00 – 09.00 Masters' degree test

08.00 – 13.30 IIC seminar

Please note that the schedule of the seminar may slightly change.

4. Technical Committee

The IIC will be conducted by the Technical and Instruction Committee consisted of:

- **Grand Master Hector Marano**, 9th Degree, the Chairman of the ITF Technical and Instruction Committee;
- **Grand Master Ung Kim Lan**, 9th Degree, the Member of the ITF Technical and Instruction Committee;
- **Master Jerzy Jedut**, 8th Degree, the Member of the ITF Technical and Instruction Committee.

For the first time in Europe we will have the ITF Adopted Taekwon-Do introduced as part of the IIC. This session will be conducted by:

- **Sbn. Leo Oros Duek**, 6th Degree, the Chairman of the ITF Inclusion Committee

The seminar will be held with special presence of:

- **Grand Master Paul Weiler**, 9th Degree, the ITF President;

5. Programme

The ITF International Instructors Course will include the following programme and/or qualifications:

1. patterns from Chon-Ji up to Tong-II
2. step sparring
3. self defence
4. ITF International Instructor Qualification (4th degree and up)
5. grading up to 8th degree (permission from NGB and ITF is needed)

Participants wishing to test for degree promotion must:

- send the application form through the National/Allied Association at least one (3) month before the promotion date to the ITF Administrative HQ.
- bring 5 wooden boards measured 30x30x2 cm (only from 1st to 6th degree).
- pay their grading fee in cash prior to the grading.
- test for degree promotion will be at the last day of the course and the result shall given directly after the promotion.
- no spectators are allowed during the degree promotion.
- the candidate might be accompanied by his instructor.

5. Fees

Course fee, according to the ITF By-Laws is

1st to 3rd Degree: € 120 plus € 50 (inscription fee)

4th to 6th degree: € 150 plus € 50 (inscription fee)

7th degree and above: € 75 plus € 50 (inscription fee)

Banquet (not obligatory): € 40

6. Visa

Countries who need VISA for entering Poland should inform the organizer at the email address: info@pztkd.lublin.pl by **1st July 2021** in order to prepare the official invitation. It is necessary to send the following details of the persons traveling: name and surname, date of birth, passport number and date of expire – the passport must be valid at least six months in advance.

7. Arrival to Lublin:

I. By Air (suggested airports)

LUBLIN AIRPORT – 14 km from Lublin City Center

<https://www.airport.lublin.pl/en/>

Information how to get to the Lublin Airport from and to Lublin is available here:

<https://www.airport.lublin.pl/en/dla-podroznych/dojazd/>

WARSAW CHOPIN AIRPORT – 165 km from Lublin

<https://www.lotnisko-chopina.pl/en/index.html>

RZESZÓW AIRPORT – 175 km from Lublin

<https://www.rzeszowairport.pl/en>

8. Other matters

IMPORTANT: The registration of all participants must be done also through the ITF online system: <https://tkd-itf-online.org>. Inscription on the mentioned system can only be done via your NA or AA.

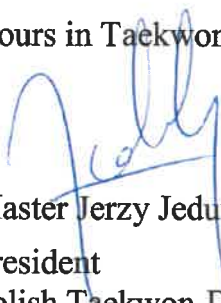
Please note that the complete charge (course and inscription) have to be paid at your arrival.

Please send the application form on or before **30th August 2021** to info@pztkd.lublin.pl.

Due to the covid-19 the number of places at the IIC is limited.

We look forward to see you in Lublin, Poland.

Yours in Taekwon-do,



Master Jerzy Jedut

President

Polish Taekwon-Do Association

