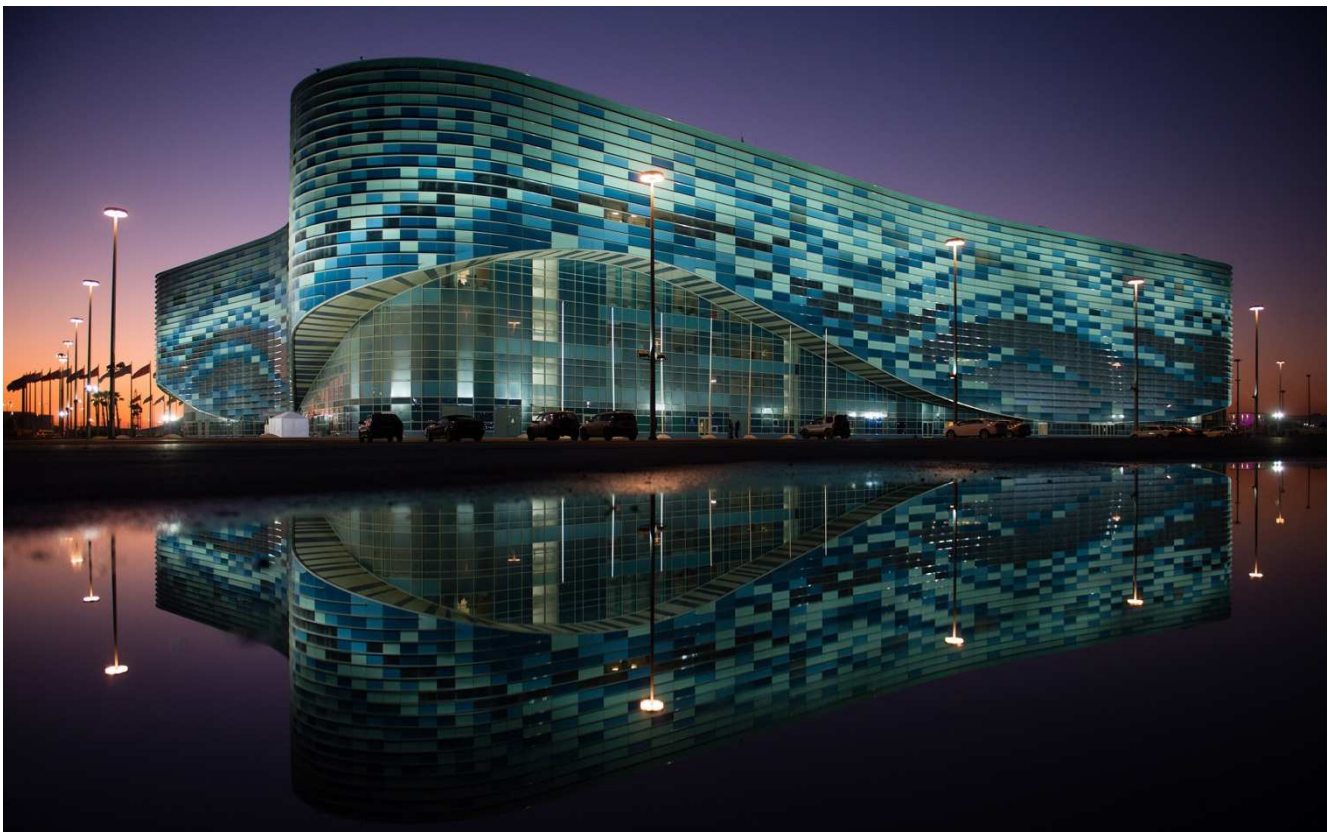




All Russia Taekwon-Do Federation  
+7 962 947 08 77 / [max@lavr.pro](mailto:max@lavr.pro) / [www.tkdrus.ru](http://www.tkdrus.ru)

# 10<sup>th</sup> AETF Open European Cup 2019 and International Taekwon-Do Cup for Children and Cadets



OPEN AETF EUROPEAN  
TAEKWON-DO CUP  
RUSSIA SOCHI | 2019



6<sup>th</sup> – 9<sup>th</sup> June 2019 Sochi, Russia

## GENERAL INFORMATION

### DESIGNATION:

- 1. X Open Junior and Senior European Taekwon-do Cup**  
*Date: 8-9 June 2019*
- 2. International Taekwon-Do Cup for Children and Cadets**  
*Date: 7 June 2019*

*Place:* Winter sports Palace "Iceberg» – Russia, Krasnodar region, Sochi, Olympic Park

### ORGANISERS:

**All Europe Taekwon-Do Federation (AETF) & All Russia Taekwon-Do Federation**

**Master Lazaros Tsilfidis** – VII Dan – President All Russia Taekwon-Do Federation / tel: +7 926 2130434

**Maxim Lavrinenko** – IV Dan – member of Organizing Committee / tel:+7 962 9470877

**Anna Katrenko** – VI Dan – member of Organizing Committee / tel: +7 964 9103012

e-mail: [info@itf2019ec.com](mailto:info@itf2019ec.com)

### REGISTRATION

Registration will be coordinated by All Europe Taekwon-Do Federation.

All competitors, coaches, VIPs, officials and supporters The registration will be performed only using the Sport Data Technology System through ITF on-line data base under the link: [www.tkd-itf-online.org](http://www.tkd-itf-online.org)

All details how to proceed with the registration you can find in attachment no 1.

In case of any questions please contact AETF HQ at the email: [eurocup2019@pztkd.lublin.pl](mailto:eurocup2019@pztkd.lublin.pl)

For further information about the registration please visit the official web site for the Championships [www.itf2019ec.com](http://www.itf2019ec.com)

### ARRIVAL DATE AND MEETING POINT

Teams must arrive to Sochi, Russia on or before Wednesday 6<sup>th</sup> June 2019 before 16.00 o'clock (for participants taking part in International Taekwon-Do Cup for Children and Cadets) and on or before 7<sup>th</sup> June 2019 before 16.00 o'clock (for participants taking part in the 10th AETF European Taekwon-Do Cup) and must proceed to the meeting point in the Hotel complex «Imeretinskiy» for accreditation and all of the inscription, accommodation payments and weight in procedure.

### COMPETITION RULES

Competition rules will be the official AETF European Cup Tournament Rules and International Taekwon- Do Cup for Children and Cadets Rules.



## WEIGHT IN

### **a. 10<sup>th</sup> Open European Taekwon-Do Cup**

The Weight In for the participants of 10th European Cup shall take place on **Friday, 7<sup>th</sup> June 2019 from 09.00 to 19.00** according to the Weigh In time table per country in the Hotel complex «Imeretinskiy», Russia, Sochi, Imeretinskaya lowland, Morskoi boulevard, 1

### **b. International Taekwon-Do Cup for Children and Cadets**

The Weight In for the participants of 10th European Cup shall take place on **Thursday, 6<sup>th</sup> June 2019 from 09.00 to 19.00** according to the Weigh In time table per country in the Hotel complex «Imeretinskiy», Russia, Sochi, Imeretinskaya lowland, Morskoi boulevard, 1

#### Please note!

All competitors must be present at the Weigh In regardless of the event they compete in. If they don't make the weight until 19:00 o'clock, then they shall be removed from the sparring category and shall not be allowed to enter any other weight category.

The competitors must also be in possession of a valid identification document (passport, national ID), EuroCup 2019 official ID cards, ITF small black belt card.

All competitors must make the weight in their ITF approved dobok trousers and T- or polo shirt. A maximum of 500 gram margin over the indicated weight division is permitted.

## ENTRY FEE:

### **a. 10<sup>th</sup> European Taekwon-Do Cup**

Individual entry fee is **€ 60 Euros per competitor** (individual and/or team member). No refunds will be given for any reason even if a competitor is disqualified.

Team entry fee is **€ 50 Euros per team**. No refunds will be given for any reason even if a competitor is disqualified.

The competitors entry fees can be transferred electronically and must be cleared by **10<sup>th</sup> May 2019** to the AETF Bank Account. Please remember to pay the transfer costs from your side, if the AETF has to pay for the transfer costs then you will need to pay this back on arrival.

**Incumbent:** All Europe Taekwon-Do Federation

**Incumbent address:** 5/B Milenijna, 20-884 Lublin, Poland

**Bank:** BPS SA. o/ Lublin

**Bank address:** 4 Karłowicza, 20-027 Lublin, Poland

**Account:** PL 16 1930 1695 2500 0518 6754 0002

**SWIFT:** POLU PL PR

or paid by cash at arrival directly to the AETF registration point.

### **b. International Taekwon-Do Cup for Children and Cadets**

Individual entry fees are **€ 60 Euros per competitor**. No refunds will be given for any reason even if a competitor is disqualified.

The competitors entry fees must be paid at the registration **Thursday, 6<sup>th</sup> June 2019 from 09.00 to 19.00**.



## ACCOMMODATION

Please note that the Organizing Committee will handle any accommodation booking. Booking of accommodation must be made by one person in charge from each team/club/country.

The hotel will be at distances from the sport stadium - 2.800 meters

Offers the following level of accommodation during the championships.

### Imeretinskiy Hotel \*\*\*\*

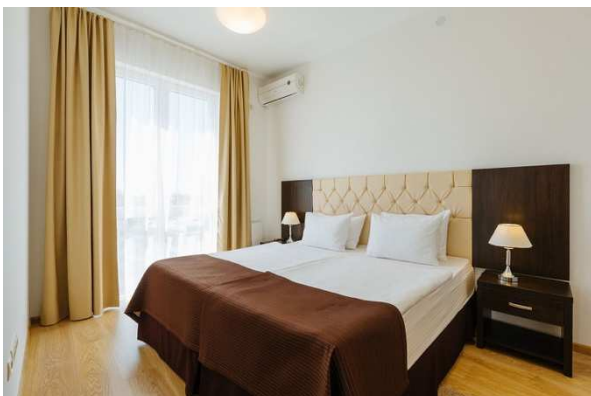
354340, Russia, Sochi, Imeretinskaya lowland, Morskoi boulevard, 1



Single room****	95 € person/day
Double room****	75 € person/day
Breakfast	included
Lanch	15 €
Dinner	included

### Apart Hotel Imeretinsky - Pribrezhny Kvartal\*\*\*

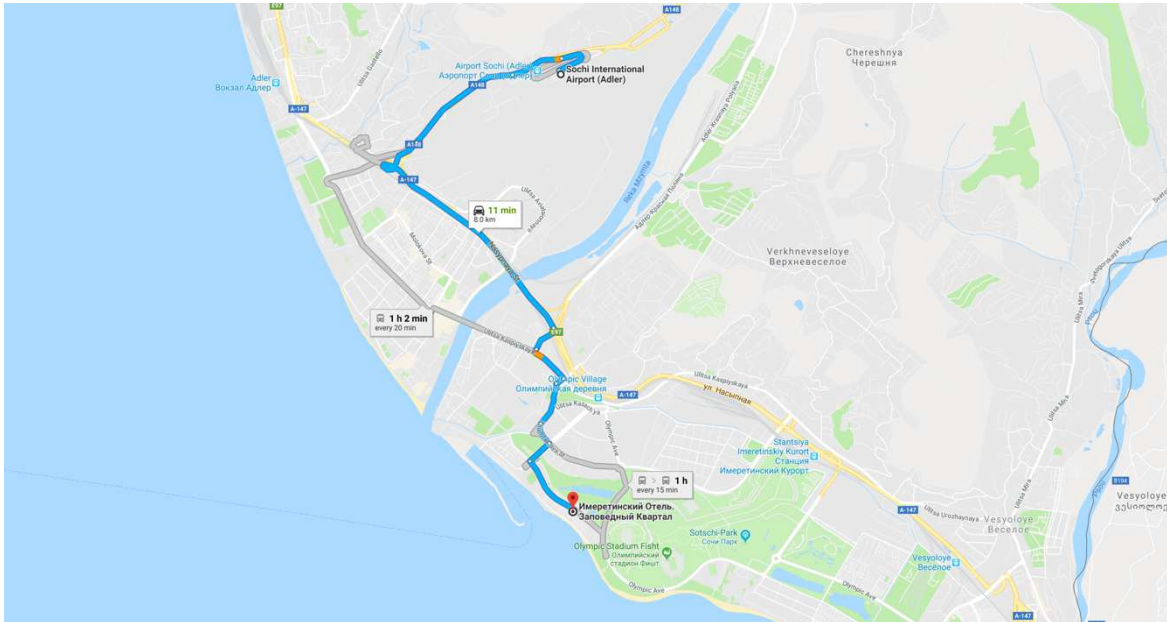
354340, Russia, Sochi, Imeretinskaya lowland, st. Golubaya, 1zh



Single room***	75 € person/day
Double room***	55 € person/day
Triple room**	45 € person/day



Breakfast	included
Lunch	15 €
Dinner	included



*In order to obtain the championships ID card all countries must apply for the hotel accommodation through our federation*

*Those countries/clubs and their participants NOT booking their Hotel accommodation through the organiser shall pay € 50,00 per person to obtain the competition ID card.*

### **Booking process:**

Fill in and send the form “Euro Cup 2019 - Hotel booking form” to **Organizing Committee** using following e-mail: [info@itf2019ec.com](mailto:info@itf2019ec.com)

The form must be sent on or before 30<sup>th</sup> April, 2019.

### **Payment for accommodation**

Payment for accommodation must be paid in cash at the reception on **Thursday, 6<sup>th</sup> June 2019 from 09.00 to 19.00.**

### **TRANSFER**

Transfer from Sochi airport to Imeretinsky Hotel can be booked separately at a cost of €10 per person.



## COMPETITORS AND EVENTS:

Competitors are divided into the following divisions:

### **a. 10<sup>th</sup> European Taekwon-Do Cup**

Age divisions:

**JUNIORS:** 14-18 years old

Born in between 2001 and 2005

**SENIORS:** 18 and older

Born in or before 2001

Competitors born in 2001 can take part as a junior OR as a senior, but they must decide before the tournament in which category they would like to participate. Mixing/changing of age divisions is not allowed!

### **b. International Taekwon-Do Cup for Children and Cadets**

Age divisions:

**CHILDREN:**

10-12 years old

Born in between 2007 and 2009

**CADETS:** 12-14 years

old Born in between 2005 and 2007

Competitors born in 2005 can take part as a junior in the European Cup OR as a cadet in the Children and Cadet Cup, but they must decide before the tournament in which category they would like to participate.

Mixing/changing of age divisions is not allowed!

Competitors born in 2007 can take part as a cadet or as a child in the Children and Cadet Cup, but they must decide before the tournament in which category they would like to participate. Mixing/changing of age divisions is not allowed!

**Belt divisions:**

### **a. 10<sup>th</sup> European Taekwon-Do Cup**

Individual and/or Team:

Colour Belts - Blue belts and red belts (one division)

Black belts - 1st ,2nd ,3rd and 4th to 6th degree

Events:

- Individual Pattern;
- Individual Sparring;
- Team Pattern;
- Team Sparring;
- Pre-Arranged sparring.



Competitors shall compete in the divisions laid down in the following rules, but all competitors must be healthy and registered with their National Associations or their own School.

Competitors must be of blue-belt grade or higher and be aged above 14 years old. The minimum age of 14 years must be attained by the competitor during the year 2019 (minimum year of birth 2005).

Only clubs and schools, that have a valid ITF plaque certificate, and/or national teams, representing countries that have paid the annual fee to the AETF, may take part in the European Cup.

## **DIVISION OF COMPETITION**

Competition is divided into **INDIVIDUAL** and **TEAM** match.

Pattern, Sparring and Pre-arranged sparring events will be decided by the pyramid tournament system.

### **TEAM**

Junior and Senior Team match is divided into:

Pattern Male/Female

Sparring Male/Female

Each team may perform in Pattern and Sparring.

In Sparring competitors may be of any weight.

### **COMPETITORS NUMBERS – INDIVIDUAL AND TEAM**

#### **TEAM (Male and Female)**

Teams may consist of a maximum of ten (10) competitors (not necessarily chosen out of the Individual competitors)

### **TEAM**

#### Male

Out of the ten (10) competitors a minimum of 5 competitors + 1 reserve (optional) may compete in Pattern. Out of the ten (10) competitors a minimum of 3 and a maximum of 5 competitors + 1 reserve (optional) may compete in Sparring.

#### Female

Out of the ten (10) competitors a minimum of 5 competitors + 1 reserve (optional) may compete in Pattern and Sparring events. Out of the ten (10) competitors a minimum of 3 and a maximum of 5 competitors + 1 reserve (optional) may compete in Sparring.

Changes of the team competitors are not allowed once they have been indicated for the various team events.

NOTE: If there is more than one team representing a school/country, one team member can compete in pattern or sparring only in the same team (Team 1 or Team 2). Therefore the participation e.g. in Team 1 for pattern and Team 2 for sparring is not allowed.



## **PATTERN DIVISIONS**

Male/female

Individual/Team

### **ELIMINATIONS – INDIVIDUAL**

The pyramid system of elimination will be used. Competitors will compete 1 to 1 and will perform simultaneously one (1) designated Pattern. In the semi-finals and finals there will be two (2) designated Patterns (one from the last three, and one from all the others). The Judges will choose the best competitor to go forward to the next round.

### **PERFORMANCE AND DECISIONS – INDIVIDUAL**

Blue and red belts will compete with blue and red belts the designated Pattern being any one from

CHON-JI to JOONG-GUN in case of 4. Gup

CHON-JI to TOI-GYE in case of 3. Gup

CHON-JI to HWA-RANG in case of 2. Gup

CHON-JI to CHOONG-MOO in case of 1. gup

1<sup>st</sup> degree will compete with 1<sup>st</sup> degree with the designated Pattern being any one from CHON-JI to GE-BAEK.

2<sup>nd</sup> degree will compete with 2<sup>nd</sup> degree with the designated Pattern being any one from CHON-JI to JUCHE.

3rd degree will compete with 3rd degree with the designated Pattern being any one from CHON-JI to CHOI-YONG.

4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> degree will compete with 4th, 5th and 6th degree with the designated Pattern being any one from CHON-JI to MOON-MOO.

### **ELIMINATION – JUNIOR AND SENIOR – TEAM**

The pyramid system of elimination will be used. Both teams shall perform one (1) optional Pattern, beginning from the semi-finals one (1) designated and one (1) optional Pattern. The judges will choose the better one to go forward to the next round.

In the case of a draw a designated Pattern, from all the remaining patterns, shall be drawn from a basket or electronically and must be performed until the winner is decided.

### **PERFORMANCE AND DECISIONS – TEAM**

Each Team (five (5) competitors) must perform together one (1) optional Pattern, beginning from the semi-finals one (1) designated and one (1) optional Pattern.

#### **a. Colour belt teams**

The optional and designated Pattern being any from CHON-JI to the pattern defined by the individual pattern categories above, according to the lowest belt level in the team.





b. Black belt teams

The optional and designated Pattern being any from CHON-JI to GE-BAEK.

They may line up in any format they choose and team members may perform movements individually, or together, as they choose, but it must be seen to be teamwork. For example: one team member may not perform moves of the Pattern on his own without the other team members following in unison.

## SPARRING DIVISIONS

### INDIVIDUAL

Male and Female groups.

#### JUNIOR WEIGHT DIVISIONS (14-18 years old)

Male:

- a. MICRO Up to 50 kg
- b. LIGHT Over 50 to 56 kg
- c. MIDDLE Over 56 to 62 kg
- d. LIGHT HEAVY Over 62 to 68 kg
- e. HEAVY Over 68 to 75 kg
- f. HYPER Over 75 kg

Female:

- a. MICRO Up to 45 kg
- b. LIGHT Over 45 to 50 kg
- c. MIDDLE Over 50 to 55 kg
- d. LIGHT HEAVY Over 55 to 60 kg
- e. HEAVY Over 60 to 65 kg
- f. HYPER Over 65 kg

#### SENIOR WEIGHT DIVISIONS (18 years and older)

Male:

- a. MICRO Up to 57 kg
- b. LIGHT Over 57 to 63 kg
- c. MIDDLE Over 63 to 70 kg
- d. LIGHT HEAVY Over 70 to 78 kg
- e. HEAVY Over 78 to 85 kg
- f. HYPER Over 85 kg

Female:

- a. MICRO Up to 50 kg
- b. LIGHT Over 50 to 56 kg
- c. MIDDLE Over 56 to 62 kg
- d. LIGHT HEAVY Over 62 to 68 kg
- e. HEAVY Over 68 to 75 kg
- f. HYPER Over 75 kg

N.B.: In individual sparring matches competitors shall participate in the category according to their weight. It is not allowed to participate in any other weight class. The pyramid system of elimination will be used.

### TEAM

#### JUNIOR AND OR SENIOR – TEAM

Each Sparring Team (Male and/or Female of any degree and weight) must consist of a minimum of three (3) and a maximum of five (5) competitors and one (1) reserve (optional).



## DURATION OF BOUTS & DECISIONS

### Individual elimination and final bouts will be for:

Black Belts seniors – two (2) rounds of two (2) minutes with a one-minute break between rounds. Black Belts juniors and Blue/Red Belts juniors and seniors - (2) rounds of one and half (1,5) minutes with a one-minute break between rounds.

Team:

Each team bout will be one (1) round of two (2) minutes.

**ATTENTION!**

In according to the AETF European Cup Tournament Rules in team matches the following decisions will apply: \_\_\_\_\_

(The “old” rules of team sparring)

When three (3) or four (4) corner referees give a decision in favour of one competitor then that competitor is the winner and two (2) points will be added to the team score.

When three (3) or four (4) corner referees decide that it is a draw then one (1) point will be added to each team score.

When two (2) corner referees give a decision in favour of one competitor (two (2) for one competitor + one (1) for the other + one (1) given it as a draw or two (2) giving it as a draw) then that competitor who got the decision of the two (2) corner referees is the winner and two (2) points will be added to the team score.

When two (2) corner referees give a decision in favour of one competitor and the other two (2) corner referees give a decision in favour of the other competitor then the result will be a draw and one (1) point will be added to each team score.

When all five (5) bouts are finished and the result is a draw then each coach will select one (1) competitor to spar an extra bout of two (2) minutes. The team whose competitor wins this bout will be the winner.

If at this time it results in a further draw then the first scored point will decide who the winner is.

When two (2) corner referees give a decision in favour of one competitor in case of the first scored point bout then that competitor is the winner.

## **PRE-ARRANGED SPARRING**

Male, Female and/or Mixed Couples (Black Belts ONLY)

**JUNIOR AND SENIOR**

Pre-arranged sparring events will be decided by the pyramid tournament system.



## **b. International Taekwon-Do Cup for Children and Cadets**

Belt divisions: In individual pattern (in sparring weight counts only):

Group 9-8-7

6-5-4

3-2-1

1<sup>st</sup> degree and above

Events:

**Individual Pattern**

**Individual Sparring**

Competitors shall compete in the divisions laid down in the following rules, but all competitors must be healthy and registered with their National Associations or their own School.

Competitors must be of minimum 9. gup belt grade or higher and be aged above 10 years old. The minimum age of 10 years (except the categories 6-7 and 8-9 years old that are not included in the general cup classification) must be attained by the competitor during the year 2019 (minimum year of birth 2008).

### **PATTERN DIVISIONS**

#### **CHILDREN**

Group 9-8-7 gup

Group 6-5-4 gup

Group 3-2-1 gup

#### **CADETS**

Group 9-8-7 gup

Group 6-5-4 gup

Group 3-2-1 gup

Group I. Degree

Group I. degree

### **ELIMINATIONS – INDIVIDUAL**

The pyramid system of elimination will be used. Competitors will compete 1 to 1 and will perform simultaneously one (1) designated Pattern. In the semi-finals and finals there will be two (2) designated Patterns (one from the last three, and one from all the others). The Judges will choose the best competitor to go forward to the next round.

### **PERFORMANCE AND DECISIONS – INDIVIDUAL**

The designated Pattern being any one from  
CHON-JI in case of 9. Gup  
CHON-JI to DAN-GUN in case of 8. Gup  
CHON-JI to DO-SAN in case of 7. Gup  
CHON-JI to WON-HYO in case of 6. Gup  
CHON-JI to YUL-GOK in case of 5. Gup  
CHON-JI to JOONG-GUN in case of 4. Gup  
CHON-JI to TOI-GYE in case of 3. Gup  
CHON-JI to HWA-RANG in case of 2. Gup



CHON-JI to CHOONG-MOO in case of 1. gup  
CHON-JI to GE-BAEK in case of 1<sup>st</sup> degree

## SPARRING DIVISIONS

### INDIVIDUAL

- a. Boy and Girl groups
- b. Weights

### CHILDREN WEIGHT DIVISIONS (10-12 years old)

#### Boys:

- a. Up to 30kg
- b. Over 30 to 36kg
- c. Over 36 to 42kg
- d. Over 42 to 48kg
- e. Over 48 to 54kg
- f. Over 54kg

#### Girls:

- a. Up to 24kg
- b. Over 24 to 30kg
- c. Over 30 to 36kg
- d. Over 36 to 42kg
- e. Over 42 to 48kg
- f. Over 48kg

### CADETS WEIGHT DIVISIONS (12-14 years old)

#### Boys:

- g. Up to 36kg
- h. Over 36 to 42kg
- i. Over 42 to 48kg
- j. Over 48 to 54kg
- k. Over 54 to 60kg
- l. Over 60kg

#### Girls:

- g. Up to 30kg
- h. Over 30 to 36kg
- i. Over 36 to 42kg
- j. Over 42 to 48kg
- k. Over 48 to 54kg
- l. Over 54kg

N.B.: In individual sparring matches competitors shall participate in the category according to their weight. It is not allowed to participate in any other weight class.

Individual Sparring categories must consist of at least two (2) competitors. In case of only one (1) competitor they shall be moved to another weight category. The pyramid system of elimination will be used.

## DURATION OF BOUTS & DECISIONS

Individual elimination and final bouts will be for two (2) rounds of one and half (1,5) minutes with a one-minute break between rounds.



## **DISPUTE PROCEDURE**

### **PROTEST**

Only the Coach can present a protest when a decision seems to violate the rules.

Each protest must be written in the English language on the official protest form and presented to the Chairman of the Umpire Committee within five (5) minutes from the end of the match.

The protest must be precise and circumstantial and must be accompanied by a fee that will be fixed by the Tournament Committee at the beginning of each tournament, in order to limit such protests to cases where decisions are really questionable.

Only in cases where the Umpire Committee positively accepts the protest the fee will be returned to the coach.

In case of a protest the winner cannot compete again before the decision of the Umpire Committee has been made.

### **DISQUALIFICATION**

Team Managers/Representatives or Individuals who persist in arguing against decisions made by the Tournament Committee may, at their discretion, have the whole team, school or club or the individual, disqualified from all further events at the championship.

The Tournament Committee will consider the matter at a later date with a view to further action being taken. DRESS Officials will wear the dress requirements as laid down in the I.T.F Umpires rules.

Competitors, while competing must wear the "OFFICIAL APPROVED" TKD dobok with badges officially approved by the I.T.F. The black belt must be of the official dimensions and must indicate the competitor's degree. Female competitors may wear a white T-shirt under the dobok jacket.

It is NOT obligatory to have the name of the country on the back of the dobok.

It is ALLOWED to have club logo on the dobok.

Sponsorship is allowed on the left sleeve measuring 5 x 8 cm.

## **SAFETY EQUIPMENT AND PROTECTIVE WEAR**

Competitors must wear:

Red or blue colour hand and feet safety equipment of an approved type.

Groin guards must be worn inside the dobok trousers – male only.

Red or blue colour safety helmet of an approved model.

Mouth guards being of a transparent colour.

Competitors may, optionally, wear the following:

Shin protectors.



Breast protectors (must be worn **INSIDE** the dobok jacket) (female only).

Groin guards must be worn inside the dobok trousers – female only. These all being of an approved type consisting of elasticised material with sponge or rubber type padding and containing no metal, bone or hard plastic or similar hard material whatsoever, nor involving the use of zip, lace or stud fasteners.

No other protective or safety equipment may be worn, except in special circumstances with the approval of the Tournament Committee.

All competitors with injuries which require bandaging or strapping of any kind must satisfy the Tournament doctor of their need, and obtain approval of type before performing i.e. no pins or hard material can be worn, neither can bandaging give extra support so that it constitutes an advantage to that competitor.

No jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.

## **INJURY LIABILITY AND INSURANCE – COMPETITORS**

All competitors must be in possession of Insurance coverage as the host is not responsible for any eventuality and/or injury.

## **COACHES**

For individual or team competition there will be only one (1) coach close to the square. During the tournament, coaches must wear a training suit, gymnastic shoes and carry a towel. They will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. They are the only ones allowed to present an official protest.

Failure to abide by the above mentioned rules may render the coach liable to be disqualified from his advisory position.

## **UMPIRES**

The Organizing Committee will cover full board accommodation in a \*\*\* or \*\*\*\* hotel (water included) for 5 days / 4 nights from Wednesday 6<sup>th</sup> June 2019 to Monday 10<sup>th</sup> June 2019 for maximum of 2 umpires from each participating school/club/country (for maximum 50 umpires), by the following criteria:

School/Club/Country with 0-4 competitors may accredit 1 Umpire (not obligatory)

School/Club/Country with 5-15 competitors must accredit 1 Umpire

School/Club/Country with more than 15 competitors must accredit 2 Umpires School/Club/Country that do NOT accredit an Umpire shall pay a 200,00 € fine for every missing Umpire.

Those umpires who work for the whole tournament will be entitled for a per diem allowance. All applications for umpires must be consulted with Organizing Committee. In case of reached quota, application for umpires may be cancelled (without fine) even for teams with 5 or more competitors.

Umpires will wear the dress requirements as laid down in the ITF Umpire rules.



## ATTENTION!

Countries/schools must complete their UMPIRE application form ("European Cup 2019 Umpire application form) available under the link: <https://goo.gl/forms/hzlQwKkM9RetBoxL2> on or before 10th April 2019 in order to be accepted as an Umpire for the European Cup 2019.

In case of any questions please contact Mr. Attila SOLTI ([soltiattilazsolt@gmail.com](mailto:soltiattilazsolt@gmail.com)) with a copy to the AETF HQ ([eurocup2019@pztkd.lublin.pl](mailto:eurocup2019@pztkd.lublin.pl)).

The AETF T&U Committee shall provide the Umpire rooming list to All Russia Taekwon-Do Federation on or before 20th April 2019 who shall then take care of the required hotel accommodation.

## ANNOUNCEMENTS

It will be announced in which square an event will take place and it is the responsibility of the competitors/teams to be close to the square so that they may compete without delay when called upon to do so. They will be called to the red or blue side of the square complete with any equipment (such as safety equipment) which they require. Should they not come forward immediately then their name and/or country will be called for a second time. Should the individual/team still not come forward to the square within one (1) minute from the second call then they will be disqualified.

## EQUIPMENT CHECK

Competitors' dobok and/or equipment check will take place outside of the square to ensure that they are of an officially approved type and that they are not defective. Should any item(s) not be satisfactory then they must be changed. The competitor/team has a maximum of three (3) minutes to change what is requested, following which they will be disqualified and the match points awarded to the opponent where appropriate.

## AWARDS (Juniors and Seniors)

### Individual

1<sup>st</sup>, 2<sup>nd</sup> and two (2) 3<sup>rd</sup> place winners are awarded with medals,  
Best individual junior female/male competitor, Trophy  
Best individual senior female/male competitor, Trophy

### Team

1<sup>st</sup>, 2<sup>nd</sup> and two (2) 3<sup>rd</sup> place winners are awarded with medals

### Clubs/school

Overall European Cup junior club/school winner  
1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy  
Overall European Cup senior club/school winner  
1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy  
Overall European Cup junior and senior club/school winner  
1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy



The best schools will be selected according to the point classification below:

Colour belt category:

- 1<sup>st</sup> place – 3 points
- 2<sup>nd</sup> place – 2 points
- 3<sup>rd</sup> place – 1 point

Black belt category:

- 1<sup>st</sup> place – 5 points
- 2<sup>nd</sup> place – 3 points
- 3<sup>rd</sup> place – 2 points

All points from Individual and Team events (Male and Female) will be counting except those with less than 4 competitors/teams.

## **AWARDS (Children and Cadets)**

Individual

1<sup>st</sup>, 2<sup>nd</sup> and two (2) 3<sup>rd</sup> place winners are awarded with medals,  
Best individual children female/male competitor, Trophy

Best individual cadet female/male competitor, Trophy and T-shirt

Overall children club/school winner

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy

Overall cadets club/school winner

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy

Overall children and cadets club/school winner

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded with trophy

The best schools will be selected according to the point classification below:

Children and cadets categories:

- 1<sup>st</sup> place – 3 points
- 2<sup>nd</sup> place – 2 points
- 3<sup>rd</sup> place – 1 point

All points from Individual events (Children and Cadets) will be counting except those with less than 4 competitors/teams.

## **VISA**

Countries who need VISA for entering Russia should apply for it to the Russian Embassy in their country as soon as possible. Send a copy of the Official Invitation letter to the Russia Embassy and a list with the names of the persons travelling, dates of birth, passport date of issue and expire, name, address, telephone and e-mail to the head of the group during travelling.

## **CURRENCY**

Russian Rubles (RUB)





## IMPORTANT DATES

- 10<sup>th</sup> April 2019 – deadline for umpire application
- 20<sup>th</sup> April 2019 – First deadline for all reservations of accommodation
- 30<sup>th</sup> April 2019 – Last date to make small changes in accommodation
- 19<sup>th</sup> May 2019 – Deadline for the online registration
- 6<sup>th</sup> June 2019 – Publication of draws online

## PRELIMINARY SCHEDULE

### Thursday, 6<sup>th</sup> June 2019

– Arrival of teams, registration and weigh-in of Children and Cadet Competition, registration of European Cup competitors

### Friday, 7<sup>th</sup> June 2019

- Registration and weigh-in of European Cup competitors
- Children and Cadet Competition
- European Cup Opening Ceremony

### Saturday, 8<sup>th</sup> June, 2019

– Junior and Senior European Cup

### Sunday, 9<sup>th</sup> June 2019

- Junior and Senior European Cup
- Final Gala of the European Cup

Contact to the Organizing Committee of the 10<sup>th</sup> European Cup in Sochi, Russia (accommodation, hotel booking, transportation): [info@itf2019ec.com](mailto:info@itf2019ec.com) /

Facebook/Messenger - Maxim Lavrinenko, Anna Katrenko, What's up/tel: +7 962 9470877, +7 964 9103012

Contact in Umpire related matters: Mr. Attila Solti (AETF Tournament and Umpire Committee Member): [soltiattilazsolt@gmail.com](mailto:soltiattilazsolt@gmail.com)

## VISITING SOCHI





Sochi - is a city south-west of Russia, located on the Black Sea beach and close to caucasian mountains. It was always a resort for russian citizens and a popular place during summertime. By the time Russia won an opportunity to perform Olympic games it also became a winter resort with 4 quality ski resorts in mountains. Than there is a Grand Prix Formula 1 stage. People say that there also gonna be golf fields and casinos, but we will see. What else? It's has the most friendly environment for people with limited mobility. Besides most text information is given in both russian and english and you can explore the city without knowledge of russian language.

Local people are mostly tourist oriented and friendly, helpful. Some even do speak english. There are no factories or other work, so everyone is working with tourists, it's the proffesion and the lifestyle here. If you come to Sochi you will meet the unexpected level of hospitality.

### **Sochi Autodrom is attracting tourists from all around the world.**

Circuit in the Olympic Park – is another interesting place for lovers of speed and cool cars. Currently offers several basic services for everyone.



1. Racing taxi. You can ride in the passenger seat next to a professional driver on a roadster Mazda MX-5 and Ferrari.
2. Rent a sport car.
3. Test the track on your own car. This might be the most interesting service for fans to drive.

#### Formula Car for Rent

How the racing taxi works:

Everything is simple. You go through the Formula 1 track with a professional pilot. But first, there is a safety training, selection of the helmet. You can order the video filming or attach your camera. Than you take off from the garage and ride one or two laps. By the way, if you are with friends you can also try the option to “chase” each other, but we don’t have currently information on this.

Official website: <http://sochiautodrom.ru/>



## Sochi Park attractions

Step up to a fairy tale. What do you see? The majestic fortress, mighty warriors on colorful facades, coming out of fantasy world? Enchanted forest, full of strange creatures and an oasis of peace and tranquility in the heart of the bustling metropolis? Space Odyssey and the miracle of technological progress? All of the attractions have its own fairy tale and in the “Sochi Park” each of them becomes a reality.

Official website: <http://www.sochipark.ru/>



## Nikola Tesla Electric Museum

The Nikola Tesla Electric Museum is a place with exciting atmosphere of scientific and technological progress, professional guides and stuntmen ...

All spectators become participants of the show with unique exhibits.





All Russia Taekwon-Do Federation  
+7 962 947 08 77 / [max@lavr.pro](mailto:max@lavr.pro) / [www.tkdrus.ru](http://www.tkdrus.ru)



**We look forward to see you in Sochi, Russia in June 2019!**

**OPEN AETF EUROPEAN  
TAEKWON-DO CUP  
RUSSIA SOCHI | 2019**