



NI-KKO ROMA OPEN TAEKWON-DO ITF 2022

NI-KKO
FIGHTING STYLE ROMA OPEN
19 MARCH 2022

ROMA OPEN

PALATORRINO - VIA FIUME GIALLO, 47 ROMA

www.teambosroma.com - extremefighters1@gmail.com

www.teambosroma.com / www.handlesport.com / www.fitae-itf.com



NI-KKO ROMA OPEN TAEKWON-DO ITF 2022

Invitation

July 5th, 2021

Dear ITF members,

In collaboration with the Italian Taekwon-Do Federation FITAE-ITF, we invite you to the **6th NI-KKO ROMA OPEN TAEKWON-DO ITF** that will be held in Rome, Italy, on **Saturday March 19th, 2022**, according to the following approximate program:

hrs 09.00-12.00 Junior and Senior Colored Belts/Veterans all belts

hrs 13.00-17.30 Children and Cadets

hrs 18.00-21.00 Junior and Senior Black Belts

Please receive the necessary information to attend the **NI-KKO ROMA OPEN TAEKWON-DO ITF** event.

Closing of the online registration will be on **Monday March 14th, 2022 at 23:00pm**.

Electronic scoring system and large screens for black belt competition are available to have a professional approach.

We are looking forward to meeting you in the historical city of Rome.

EXTREMEFIGHTERS TEAM

GM Wim Bos
Master Stefano Minotti
Master Leandro Iagher
Sabum Paolo Gentile
Mrs. Tiziana Mimmocchi

extremefighters1@gmail.com



NI-KKO ROMA OPEN TAEKWON-DO ITF 2022

Information

Date and Place

The event will be held on: Saturday March 19th, 2022, in the Sports Hall **PALATORRINO** located in via Fiume Giallo 47, 00144 Rome (Zona Eur-Torrino).

How to arrive

The venue is easily reachable from the center of Rome by a 20 minutes travel.

- **Arriving at Railway Station TERMINI** (center of Rome):

by **TAXI** (Note: take a regular white taxi) 36 min (15.5 Km) / 26 min without traffic

<https://goo.gl/maps/fHBazeUJqhQ2>

by **PUBLIC TRANSPORT**:

Metro B-B1 (dest. Laurentina), get off at Eur Palasport and take bus 777 to Palatorrino (tot. 50 min.)

- **Arriving at Leonardo da Vinci International**

Airport: by TAXI (Note: take a regular white taxi)
17 min (19.5 km)

<https://goo.gl/maps/AC9zLvcTR1>

[w](#)

by **PUBLIC TRANSPORT** :

FL1 FC2 777 (1 h 20 min, not advisable due to three interchanges)

- **Arriving at Ciampino Airport:**

by **TAXI** (Note: take a regular white taxi) 20 min. (19 km)

<https://goo.gl/maps/G8JFXHc1HvJ2>

N.B.: Click [HERE](#) to plan your traveling in Rome by public transport.

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Fight Scout

www.thefightscout.com

After competition you may watch your bout(s) on www.thefightscout.com

Accommodation

Participants may find their own accommodation in the area of the sports hall:

- Sheraton Parco de' Medici Rome Hotel
- Holiday Inn Rome - Eur Parco Dei Medici
- Rome Marriott Park Hotel
- Novotel Roma Eur

In addition, many B&B are available around the venue.

The Sports Hall PalaTorrino

The Sports Hall **PALATORRINO**, located in Via Fiume Giallo, 47, 00144 Rome (Zona Eur-Torrino), hosts many national martial arts events.



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Main Sponsor



www.nikkosportitf.com

Competition

Competitors must be in possession and accept the following in order to participate:

- ITF dobok
- To accept the competition program.
- To accept that the organizers may modify a division and/or category based on the numbers of competitors.
- Medals will be given to 1st, 2nd and one 3rd place winner.
- For other matters, the ITF competition rules will be observed.

Age Divisions - AGE IS BASED ON BIRTHDAY DATE (not on year of birth)

- **Children** (6 - 11 years)
- **Cadets** (12 – 14 years)
- **Juniors** (15 – 17 years)
- **Seniors** (18 - 35 years and above)
- **Veterans** (36 years and above)*

* Veterans wishing to compete in the Senior category are allowed to do so but then they cannot compete in the Veterans categories.

Inscription / Draws/ Payments

Inscription for this event must be done online through www.handlesport.com



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Closing of the online inscription on **Monday 14th March 2022 at 23.00 pm.**

- Draws will be online on Thursday March 17th, 2022 from 23.00 pm www.handlesport.com
- Payments of the competition inscription fees must be done in cash at the weigh in by the person in charge for the team/school
- With the enrollment closed, all registered athletes will have to pay the registration fee even if not attending.

N.B.: Each Club Director is responsible for the correct online registration of his/her athletes. Please check your lists carefully!

Competition Entry Fees

Children and Cadets € 35,00

Juniors - Seniors - Veterans € 40,00

Umpires

Any School/Club/Gym must participate with Umpire(s) according to the following:

- Up to 8 competitors: 0 **Umpire** / More than 8 competitors: 1 **Umpire**

School/Club/Gyms that **do not** participate with a requested Umpire shall pay - **with no exception** - the amount of **75 €** for the missing Umpire.

- Umpire outfit: dark blue (or black) pants, dark blue jacket, tie, white shirt and white shoes.
- Umpires will be provided with drinks, lunch and snacks.
- Umpires shall receive a compensation based on the role played during the event.

ATTENTION

- Any Umpire wishing to officiate must inform Master Luca Maragoni FITAE-ITF Umpire Chair of his /her participation by email : arbitri@fitae-itf.com on or **before March 10th, 2022**

Coaches

- Coaches outfit: tracksuit, sport shoes, towel.

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Inscription Fees Payment, Height measuring and Weigh In for all competitors

The Inscription fees payment, height measuring, and weigh will take place at:

Sports Hall PALATORRINO, Via Fiume Giallo 47, Roma

On Friday 18/03/2022

17.00 - 21.00 hrs – for everybody - children, cadets, junior, senior and veterans

On Saturday 19/03/2022

07.30-08.15 hrs – only junior and/or senior colored belts and all Veterans

10.30-12.00 hrs – only children and/or cadets

15.30-16.30 hrs – only junior and/or senior black belts



PLEASE NOTE:

FOR THE BEST OF THE ORGANIZATION, WE STRONGLY RECOMMEND EVERYBODY TO PROCEED FOR REGISTRATION AND WEIGH IN ON FRIDAY (from 17.00 to 21.00 hrs)

N.B.: Competitors **NOT** making the height/weight might be moved to a different category with an extra penalty fee of € 25,00

Each Club Director is responsible for the correct Sportdata online registration of his/her athletes. Please check your Handlesport registration carefully!

Each Director is responsible for the payment of all his participants.

At the weigh in **ALL** Competitors must wear dobok trousers and a T or polo shirt

At the height measuring children may wear their normal clothes.

A tolerance of kg. **0,500** is accepted.

Sparring Equipment

Competitors must have the following equipment:

- Hand and foot gear (color is not important)
- **Red and/or Blue Head** gear depending on the draw
- **Transparent** mouth guard
- Groin guard (worn inside the dobok trousers)



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Protest

The coach is the only one that might present a protest according the ITF Tournament rules. Protest fee: 100 €

Competition Program

07.30	Opening of the Sports Hall
07.30-08.15	Weigh in junior and/or senior colored belts and Veterans all belts
08.00	Umpire meeting conducted by FITAE-ITF Umpire Committee
08.30	Opening ceremony
08.45	Competitors ready close to their ring
09.00-12.00	Junior and Senior Colored Belts and all Veterans - Competition
10.30-12.00	Weigh in only children and/or cadets
13.00-17.30	Children and Cadets All belts - Competition
15.30-16.30	Weigh in only junior and/or senior black belts
18.00-21.00	Junior and Senior Black Belts - Competition

PLEASE NOTE: FOR THE BEST OF THE ORGANIZATION, WE STRONGLY RECOMMEND TO PROCEED FOR REGISTRATION AND WEIGH IN ON FRIDAY (hrs 17.00-21.00)

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Divisions/Categories/Children (6-11 years)

Individual Pattern / Individual Sparring / High Front Jumping Kick

Pattern Divisions:

- Pulcini /Chicks 6-7 years old (one category M/F)
- Draghetti /Dragons 8-9 years old (one category M/F)
- Speranze /Kids 10-11 years old (one category M/F)

Yellow belt/Yellow superior	Competitor's free choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitor's free choice	from	Chon-Ji	to	Yul-Gok
Blue belt /Blu sup.	Competitor's free choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red sup.	Competitor's free choice	from	Chon-Ji	to	Choong-Moo
Black Belts	Umpire choice	from	Chon-Ji	to	Ge-Baek

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.
- Each bout consists of **one** pattern only.

Children Individual Continuous Sparring – No punching to the face!

Individual Sparring - Divisions

- Pulcini /Chicks 6-7 years old - Male
- Pulcini /Chicks 6-7 years old - Female
- Draghetti /Dragons 8-9 years old - Male
- Draghetti /Dragons 8-9 years old – Female
- Speranze /Kids 10-11 years old - Male
- Speranze /Kids 10-11 years old – Female



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Groups:

- Group 1 yellow and green belts
- Group 2 blue, red and black belts

Height Class:

- Pulcini /Chicks (6-7 years) -125 cm / + 125 cm
- Draghetti /Dragons (8-9 years) -135 cm / + 135 cm
- Speranze /Kids (10-11 years) -145 cm / + 145 cm

Duration of round:

1 x 1.30 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.

Children High Front Jumping Kick – Divisions

- Pulcini /Chicks 6-7 years old (one belt category M/F)
- Draghetti /Dragons 8-9 years old (one belt category M/F)
- Speranze /Kids 10-11 years old (one belt category M/F)

Cadets (12, 13, 14 years)

Individual Pattern / Individual Sparring / High Front Jumping Kick

Individual Pattern - Cadets

Each bout consists of one pattern only.

Categories:

- Male Cadets 12-14 years old
- Female Cadets 12-14 years old

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Cadets (12-14) - Pattern					
Yellow belt/Yellow superior	Competitor's choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitor's choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitor's choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitor's choice	from	Chon-Ji	to	Choong-Moo
Black I and II degree	Umpire choice	from	Chon-Ji	to	Ge-Baek

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.
- Each bout consists of one pattern only.

Individual Sparring - Cadets

Age Divisions:

1. Male Cadets 12-14 years old
2. Female Cadets 12-14 years old

Belt Division Cadets:

- Group 1: yellow and green belts
- Group 2: blue, red and black belts

Weight Class

- Male -40kg, -45 kg, -52 kg, -60 kg, +60 kg
- Female -35kg, -40 kg , -45 kg, -50 kg, + 50 kg

Duration of round: 1 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor he/she will be included in a different category.

Individual High Front Jumping Kick - Cadets

- Male Cadets / 12-14 years old / one belt and height category
- Female Cadets / 12-14 years old / one belt and height category

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Divisions/Categories

Junior (15-17 yrs) - Senior (18-35 yrs) - Veteran (+36 yrs)

Individual Pattern

Categories:

- Male Junior 15-17 years old
- Female Junior 15-17 years old
- Male Senior 18-35 years old
- Female Senior 18-35 years old
- Male Veteran 36 years and above
- Female Veteran 36 years and above

Junior Individual (15-17 years old) Male and Female					
Yellow belt/Yellow superior	Competitor's choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitor's choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitor's choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitor's choice	from	Chon-Ji	to	Choong-Moo
Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II degree	Umpire choice	from	Chon-Ji	to	Ju-Che
Black III degree	Umpire choice	from	Chon-Ji	to	Choi-Yong
Senior (18-35 years old) Individual Male and Female					
Yellow belt/Yellow superior	Competitor's choice	from	Chon-Ji	to	Do-San
Green belt/Green superior	Competitor's choice	from	Chon-Ji	to	Yul-Gok
Blue belt/Blue superior	Competitor's choice	from	Chon-Ji	to	Toi-Gye
Red belt/Red superior	Competitor's choice	from	Chon-Ji	to	Choong-Moo

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Black I degree	Umpire choice	from	Chon-Ji	to	Ge-Baek
Black II degree	Umpire choice	from	Chon-Ji	to	Ju-Che
Black III degree	Umpire choice	from	Chon-Ji	to	Choi-Yong
Black IV to VI degree	Umpire choice	from	Chon-Ji	to	Moon-Moo
Veteran (36 years and above) Male and Female					
Black Belts & Colored belts - one division.	Competitor's choice	from	Chon-Ji	to	Choong-Moo

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.
- Each bout consists of one pattern only.

Individual Junior Sparring

- Group 1: yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

Weight class - Group 1, 2, 3

- Male -45 kg, -50 kg, -56 kg, -62 kg, -68 kg, -75 kg, +75 kg
- Female - 42 kg, -48 kg, -55 kg, -62 kg, + 62 kg

Duration of round - Group 1 and 2 : 1 x 2 minutes

Duration of round - Group 3 : 2 x 2 minutes

Individual Senior Sparring

- Group 1: yellow and green belts
- Group 2: blue and red belts
- Group 3: black belts

Weight class - Group 1, 2, 3

- Male -57 kg, -63 kg, -70 kg, -78 kg, -85 kg, +85 kg
- Female -50 kg, -56 kg, -62 kg, -68kg, +68 kg

Duration of round - Group 1 and 2 : 1 x 2 minutes

Duration of round - Group 3 : 2 x 2 minutes

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- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.

Individual Veteran Sparring

- Group 1: yellow and green belts
- Group 2: blue, red and black belts

Weight classes - Group 1 and/or 2

- Male -70 kg, +70 kg
- Female -55 kg, +55 kg

Duration of round - Group 1 and 2 : 1 x 2 minutes

- There must be at least two (2) competitors in any division and/or category.
- In case of only one (1) competitor, he/she will be included in a different category.



BLACK BELT GRAN CHAMPION PATTERN & SPARRING WINNERS



JUNIOR AND SENIOR BLACK BELTS MAY COMPETE FOR THE GRAN CHAMPION TITLE IN PATTERN AND SPARRING.

1. THE WINNERS OF THE MALE JUNIOR/SENIOR BLACK BELT PATTERN COMPETITION (1ST TO 6TH DEGREE) SHALL COMPETE AGAINST EACH OTHER PERFORMING GE-BAEK TUL. THE WINNER SHALL RECEIVE A TROPHY.
2. THE WINNERS OF THE FEMALE JUNIOR/SENIOR BLACK BELT PATTERN COMPETITION (1ST TO 6TH DEGREE) SHALL COMPETE AGAINST EACH OTHER PERFORMING GE-BAEK TUL. THE WINNER SHALL RECEIVE A TROPHY.
3. THE WINNERS OF THE MALE JUNIOR BLACK BELT SPARRING COMPETITION (-50, -56, 62KG) SHALL COMPETE AGAINST EACH OTHER PERFORMING ONE ROUND OF 2 MINUTES. THE WINNER SHALL RECEIVE A TROPHY.



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4. THE WINNERS OF THE MALE JUNIOR BLACK BELT SPARRING COMPETITION (-68, -75, +75KG) SHALL COMPETE AGAINST EACH OTHER PERFORMING ONE ROUND OF 2 MINUTES. THE WINNER SHALL RECEIVE A TROPHY.
5. THE WINNERS OF THE FEMALE JUNIOR BLACK BELT SPARRING COMPETITION (-48,-55KG) SHALL COMPETE AGAINST EACH OTHER PERFORMING ONE ROUND OF 2 MINUTES. THE WINNER SHALL RECEIVE A TROPHY.
6. THE WINNERS OF THE FEMALE JUNIOR BLACK BELT SPARRING COMPETITION (-62,+62KG) SHALL COMPETE AGAINST EACH OTHER PERFORMING ONE ROUND OF 2 MINUTES. THE WINNER SHALL RECEIVE A TROPHY.
7. THE WINNERS OF THE MALE SENIOR BLACK BELT SPARRING COMPETITION (-57, -63,-70KG) SHALL COMPETE AGAINST EACH OTHER PERFORMING ONE ROUND OF 2 MINUTES. THE WINNER SHALL RECEIVE A TROPHY.
8. THE WINNERS OF THE MALE SENIOR BLACK BELT SPARRING COMPETITION (-78, -85, +85KG) SHALL COMPETE AGAINST EACH OTHER PERFORMING ONE ROUND OF 2 MINUTES. THE WINNER SHALL RECEIVE A TROPHY.
9. THE WINNERS OF THE FEMALE SENIOR BLACK BELT SPARRING COMPETITION (-50,-56, 62, + 68 KG) SHALL COMPETE AGAINST EACH OTHER PERFORMING ONE ROUND OF 2 MINUTES. THE WINNER SHALL RECEIVE A TROPHY.

Attention please: participation is at your own risk. The organization is not responsible for any injury or other matter which might happen during the event. We recommend that your competitors are in possession of an insurance, which covers any problem that might occur during traveling and participation to the event.

We are looking forward to meeting you in Italy.

Please feel free to ask any question to:

extremefighters1@gmail.com