

EXTREME FIGHTERS ITF SUMMER CAMP 2019

ROME, JULY 8-12, 2019



YOU ARE INVITED

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PANORAMA
LA VITA SPESA AL MEGLIO



www.teambosroma.com - www.taekwondorometeam.com

Rome, 15th January 2019

This is to invite you to participate in the **EXTREME FIGHTERS ITF SUMMER CAMP**, hosted by GM Wim Bos, Master Leandro Iagher and Timothy Bos and promoted by FITAE-ITF.

The Camp will be held in Rome from July 8th to 12th, 2019 in the **Sporting Village The Monster**, in Via Polia 44, Rome (Statuario Capannelle), Italy.

The Sporting Village The Monster is unique in size and equipment. It offers all kind of sports facilities including 7 indoor and outdoor swimming pools, sauna, football field, basket, wellness center, 100 cardio machines, 3 halls with 500 weight lifting machines and many other fitness halls.

www.sportingvillage.it

www.youtube.com/watch?v=ckq7MqS3PPQ

The purpose of the camp is to develop Patterns and Sport Sparring ITF and other combat sports of light contact, to practice and enjoy a summer holiday full of activities and passion for our Art having a good time in a friendly environment.

TRAINING SESSIONS

Monday July 8th to Friday July 12th, 2019 - Twice a day / All sessions have tatami floors.

Recreational activities will be organized every day.

PARTY

July 12th, 2019 at 22.00 pm

ARRIVALS/DEPARTURE

Arrivals on Sunday July 7th, 2019 for inscription and cash payment of the course fee at the meeting point:

Hotel Capannelle 4 ** www.hotelcapannelle.com/en/**

Via Siderno, 37 - 00178 Roma (Italia)
Tel: +39 06 710600 / Fax: +39 06 71060640
E-Mail: booking@hotelcapannelle.com

Departure on Saturday July 13th, 2019 or stay for a holiday.

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SUMMER CAMP COST

- For those booking the accommodation at Hotel Capanelle the cost of the 5 DAYS summer camp is only € 120 per person / including the event T-Shirt.
- For those NOT booking the accommodation at Hotel Capanelle the cost of the 5 DAYS summer camp is € 150 per person / including the event T-Shirt.
- The above mentioned amounts must be paid in CASH upon arrival.

MINIMUM AGE

The minimum age to participate in the Camp is 14 years..

TRAINING EQUIPMENT

All participants must bring their full sparring equipment (hand, foot, helmet, mouth gear, groin guard - breast protector for female only, optional).

Running shoes, dobok(s), shorts, T-shirts, swimming suite, skipping rope, small kicking pad.

TRAINERS

GM Wim Bos, Master Leandro Iagher and Timothy Bos.

Special guest trainer(s) will be announced soon.

HOW TO ARRIVE

Airport ROME CIAMPINO just 5 km away (by bus: <https://goo.gl/maps/hNbwbqKuJFF2>)

Airport ROME FIUMICINO 30 km away (by bus: <https://goo.gl/maps/Fo7fHGK9k7z>)

TERMINI train station (by bus: <https://goo.gl/maps/UJy4TTrSJJn> or other options)

TIBURTINA train station (by bus: <https://goo.gl/maps/Ko87JtgK8RU2> or other options)

REGISTRATION

- The application form must be sent **on or before June 15th, 2019** to extremefighters1@gmail.com
- Participation is at your own risk. The organization is not responsible for any injury or other matter which might happen during the event. We recommend that each participant is in possession of an insurance which covers any problem that might occur during traveling and participation to the summer camp.

ADDITIONAL INFORMATION

Write to: extremefighters1@gmail.com



HOTEL ACCOMMODATION

The organization got a very good agreement with the **4star **** Hotel Capannelle**, **ONLY 100 meters** away from the Sporting Village The Monster:

Hotel Capannelle 4 stars****

www.hotelcapannelle.com/en

Via Siderno, 37 - 00178 Roma (Italia)

Tel: +39 06 710600

Fax: +39 06 71060640



Hotel Capannelle is located inside the historical neighborhood of Rome "Statuario", only 3 km away from the Ippodromo Capannelle and 3 km from the Metro A Station "Cinecittà" and "Colli Albani", same line will take you to the historical Rome city center and to the Vatican.

A shuttle service is available for our guests to easily reach these stops. Furthermore, being **Ciampino airport only 5 km away** (and connected also with a Shuttle Service), Hotel Capannelle is the ideal place either for a business travel or for a pleasant weekend in the Eternal City. From its terraces, our guests can enjoy the beautiful view of the Aqueduct Park and of the Ancient Appian Way Park, where the historical Villa dei Quintili is located. From the Ancient Appian Way Park it is possible to undertake several and interesting routes, full of archeological and artistic sites, to reach the heart of the Imperial Rome.

The Hotel has 252 rooms of different kind, including 4 suites and 14 accessible rooms, and a modern convention center made up of 8 meeting rooms for a total of approximately 1200 mq

Hotel Capannelle, which belongs to the new hotel group *Reginal Hotels*, is the first building in the world that has been transformed into an open air gallery. The street artist Andrew Pisacane aka Gaia, which has been mentioned by Forbes as one of the most influent American artist of our age, has transformed, with his painting, the Hotel Capannelle in an unique place of inspiration for the city and for its guests. His work of art "Mobility" is indeed an invitation to "mobility, freedom and happiness".

For all the hotel guests a stunning swimming pool open throughout the summer.

PRICES PER ROOM INCLUDING BREAKFAST AND FREE WIFI:

Period 8 -12 July 2019

ROOM	ROOM PRICE PER NIGHT	PRICE PER PERSON PER NIGHT
Guest Room SINGLE - DUS	€ 62,00	€ 62,00
Guest Room DOUBLE/TWIN	€ 74,00	€ 37,00
Guest Room TRIPLE	€ 99,00	€ 33,00

N.B.: PRICES DO NOT INCLUDE: CITY TAX OF € 6,00 PER PERSON PER DAY.

The organizers do not take care of the hotel accommodation therefore please book your accommodation directly by sending a mail to **Ms. Stella Visconti** congressmanager@hotelcapannelle.com or book ONLINE through the website www.hotelcapannelle.com/en with the **PROMO CODE - EXTREMEITF** - in order to obtain the above mentioned prices.

You may book any other hotel, or B&B, if you prefer other kinds of accommodation!

Looking forward to meet many of you.

GM Wim Bos
Master Leandro Iagher
Timothy Bos

