

# IRISH TAEKWON-DO ASSOCIATION



National Association for ITF and AETF in Ireland

## ITA National Championships "Irish Cup" 2018

November 10<sup>th</sup> & 11<sup>th</sup>

Dear Masters, Instructors/Coaches,

We have the pleasure of inviting you, on behalf of the Irish Taekwon-Do Association, to the ITA National Championships "Irish Cup", which will be held in UL Sport Arena, Limerick, on the weekend of the 10th and 11th of November 2018. This competition will include pattern and sparring for all grades, special technique for all blue belts and above from aged 11 upward and power test for black belts. Saturday 10th November is for all black belts as well as colour belts of cadet (14 - 17 years), senior (18 to 34 years) as well as veteran (35 years+) categories and is open to yellow belts and above. Those 35 years and older may choose to enter the senior or veteran category. Veterans will compete separately for pattern and sparring divisions only (please make sure to email the weights of your veterans that are sparring in case we need to split categories). The 15 and under black belt division is designed as a developmental division for younger black belts not yet ready to make the step up to a more elite level. Please note those aged 14 and above wishing to be considered for the national team should compete in the 15 to 17 years black belt divisions. Please note that the weigh in will close at 10am.

Sunday 11<sup>th</sup> November is for the junior colour belt categories and is open to yellow belt to black tag aged 7 to 13yrs. Please note that the height check for those not doing patterns will close at 11am.

Please email your entries to [entries@taekwondo.ie](mailto:entries@taekwondo.ie) no later than **Saturday the 3<sup>rd</sup> of November**. Please note that this is a pre-registration only event. No club entries will be accepted after the 3<sup>rd</sup> of November. All entries should be made using the ITA National Championships "Irish Cup" excel spreadsheet. Entries will be confirmed by return of email (within 24 hours). If you have not received a confirmation email, your entries have not yet been received. Completed hardcopy forms should be brought on the day of the event. Please remember that accurate information is the responsibility of the instructor. When submitting your competitor entries you must also send your umpire and coach list or the form will be returned to you as incomplete.

Sparring for Cadet and Senior Black Belts will be run using a pool & requalification system, guaranteeing more bouts for all competitors in those categories.

**First, second and joint third place** in each section shall receive an award, except for black belt categories of 4 competitors where there will be a 3<sup>rd</sup> place playoff. Additionally all juniors up to 10 years to green tag who are not placed will receive a commemorative medal.

Looking forward to seeing you at this event,

*Master Mark Buckley VII Dan*

ITA Tournament Director

On behalf of the ITA Tournament & Umpire Committee

*Mr. Stephen Ryan VI Dan*

ITA Tournament Coordinator

# IRISH TAEKWON-DO ASSOCIATION



National Association for ITF and AETF in Ireland

## General Information

**This event is open to all Taekwon-Do Associations.**

### Competition Entrance Fee

€25 per registered competitor for ITA members, €30 per competitor for non-ITA members, all registered competitors will be charged for.

Competition entrance fee shall be collected from instructors on arrival.

Please note any no-show competitors on the day are still charged for. Any errors that require changing are charged at 10 Euro per change.

### Program:

On each day competitors and officials should be present at 9.15am and prepare for a punctual 10am start.

### Timing

9.00	Hall open
9.15	Instructors will receive competitor cards and coaching passes to be distributed. (Weight check open – Saturday only) – <u>Weight will be recorded on the draw sheet so the JP at each ring can verify weigh in was completed.</u>
9.30	Meeting for officials
9.50	All ring councils at their ring and first category called to prepare
10.00	Tournament start

- There will be ample opportunity for lunch during the day but the competition may not be stopped. All competitors will know their schedule and start times in advance.
- Competitors must collect their schedules from their club instructor by 9.30am on the morning of the event.

### Umpires

Clubs are required to provide umpires on both days of the event:

**When submitting your competitor sheet you must also complete the Umpire and Coaches List or the competitor list will be returned to you as "Incomplete"**

### International teams may be excused the requirement to provide umpires

- On the Saturday 1 umpire must be provided at the following ratio: 1 – 7 competitors = 1 umpire, 8 – 14 competitors = 2 umpires etc.
- On the Sunday 1 umpire must be provided at the following ratio: 1 – 10 competitors = 1 umpire, 11 – 20 competitors = 2 umpires etc.

# IRISH TAEKWON-DO ASSOCIATION



## National Association for ITF and AETF in Ireland

We need as many senior umpires as possible to ensure a high level of refereeing on all rings throughout the day.

All umpires will receive free lunch and snacks on the day of the competition.

Umpires must wear: Navy pants, navy jacket, white shirt, tie (navy or colour appropriate to grade), white shoes. All umpires must also have a pen.

All umpires must be familiar with the ITF rules of competition and have completed a recognised umpire course.

### Ring Assistants & Volunteers

In addition to umpires we also require ring assistants and volunteers to perform duties which will include; running electronic software, time keeping, roll calls for categories, checking competitor equipment and making sure competitors are at their given ring in advance. Ring assistants can be of any grade and do not require any umpire qualifications. The more ring assistants and volunteers that can be supplied the smoother the event will run.

### Insurance

All competitors must have adequate insurance for all eventualities.

### Coaches

In order to receive a coach accreditation pass the club instructor must register their umpires and coaches in advance when registering their competitors. They must also meet the ratio of umpires to competitors.

There will be no coaching allowed during the patterns events.

As long as the club meets the umpire to competitor ratio on each day they may have the following number of coaches:

1-15 competitors = 1 coach, 2-30 competitors = 2 coaches and so on up to a maximum of 1 coach per ring

**On the Saturday coaches may be cadets or seniors, who can coach at ringside.**

**On Sunday, coaches must be cadets from blue belt upwards. No senior coaches are allowed at ringside.**

Coaches shall wear a tracksuit and gymnastic shoes and must accept any result given by the umpires, as protest will not be accepted. They should conduct themselves according to the tenets of Taekwon-Do. Coaches should also have a towel and water.

In the interest of fairness, if one competitor does not have a coach for a match then the other competitor will not be allowed a coach for that match.

### Contact and skill development

# IRISH TAEKWON-DO ASSOCIATION



National Association for ITF and AETF in Ireland

We place an emphasis on skill development over heavy contact in our events. Heavy contact will not be tolerated.

ITF Sparring is semi-contact, with the technique controlled on the target. Points will be awarded as follows:

- One point for hand techniques to body or head
- Two points for foot technique to the body
- Three points for foot technique to the head.

## Safety Equipment

**All competitors** must have approved (open palm, enclosed fingers) hand pads, footpads, shin pads, gum shield (clear) and head guard. Males must also have a groin guard.

Equipment must be of an ITF approved type.

Helmets with face masks are prohibited and any strapping, supports must be accompanied by a medical note, however the T&U committee will make the final decision to allow the competitor to compete or not.

## Awards

**First, second and joint third place** in each section shall receive an award, except for black belt categories of 4 competitors where there will be a 3<sup>rd</sup> place playoff. Additionally all juniors up to 10 years to green tag who are not placed will receive a commemorative medal.

In addition there will be overall competitor awards awarded for the most outstanding performance at cadet and senior black belt level.

## Weight / Height Control

On Saturday, weight checks will take place before the tournament commences. Competitors must wear at minimum a t-shirt and dobok pants. A 1kg tolerance is permitted.

On Sunday height control for juniors will take place during the patterns divisions. As each competitor is eliminated they will have their height checked. Any competitor not taking part in patterns must have their height checked during this time as well.

When registering please ensure your competitors are checked in the club and not at home. Instructors must take full responsibility for any incorrect heights or weights and must sign each entry form.

## Please Note:

This competition is for students holding yellow belt (8<sup>th</sup> Kup) and higher. White belts are not permitted to compete.

## Conduct:

# IRISH TAEKWON-DO ASSOCIATION



## National Association for ITF and AETF in Ireland

All participants in the event, competitors, coaches, the public, umpires etc. should conduct themselves according to the tenets of Taekwon-Do at all times.

### Competition Divisions/Categories

Divisions / categories must consist of two or more competitors – if there is only one competitor he/she will compete in a higher or lower category as deemed appropriate. This will be indicated on the competitor sticker as Recat Up or Recat Down as appropriate

### Competition area

Only competitors for current division, officials, coaches with passes, committee and VIPs allowed on competition floor.

### Sparring bout durations:

#### Colour Belts

Colour Belts will perform one round per bout.

All 10 and under will be one round 1 ½ minutes, 11 – 13s, cadets and senior colour belts will be one round of 2 minutes.

For all colour belts sparring will be run using an elimination system with the winner moving on to the next round and a playoff for third place.

#### Black Belts

##### Pool

A pool system is in place for 3 competitors. In the pool system all competitors will face every other competitor in their division in turn.

Divisions using the pool system will have two rounds of 1.5 minutes

##### Requalification

A requalification system is in place for 4 or more competitors. For the requalification system the winners will move on to towards the final. Those that lose one match will move into a separate draw for third place.

Divisions using the requalification system will have two by 1.5 minute rounds for the main draw and 1 x 2 min round for the requalification matches

### Patterns:

**Colour Belts perform one Optional Pattern** which may be from Chon-ji up to their current grade pattern.

**Black belts must perform two (2) designated patterns.** The first designated pattern will be from their current grade patterns. The second designated pattern will be chosen at random from the Jury Presidents table and can be any pattern from Chon-Ji up to and including the pattern of their grade. Patterns competition will be run under an elimination system with the winner moving onto the next round. There will be a playoff for third place in all divisions.

# IRISH TAEKWON-DO ASSOCIATION



## National Association for ITF and AETF in Ireland Categories

### Category for Black belts aged 14 and under

All black belts, including those aged younger than 14, now compete on the Saturday.

There will be two (2) age categories i.e. 14 & under and 15 to 17 years.

Those black belts that are aged 14 that wish to compete in the 15 to 17 year category may do so. Please make sure to enter those competitors as aged 15.

Black belts that wish to be considered for national team selection must compete in the 15 to 17 years category.

This change has been made to facilitate the younger black belts from outside the ITA and also for the development of younger black belts up to 14.

### ITA National Championships "Irish Cup" 2018 Categories

#### Pattern Categories Cadet, Senior & Veteran

- |     |  |
|-----|--|
| 31  | Pt. Female, 14 Yrs & Under, Black Belt     |
| 32  | Pt. Male, 14 Yrs & Under, Black Belt       |
| 33  | Pt. Male, 14 - 17 Yrs, Yellow / Green      |
| 34  | Pt. Male, 14 - 17 Yrs, Blue / Red          |
| 35  | Pt. Male, 14 - 17 Yrs, Black 1st           |
| 36  | Pt. Male, 14 - 17 Yrs, Black 2nd           |
| 37  | Pt. Male, 14 - 17 Yrs, Black 3rd           |
| 38  | Pt. Male, 18 & Over Yrs, Yellow / Green    |
| 39  | Pt. Male, 18 & Over Yrs, Blue / Red        |
| 40  | Pt. Male, 18 & Over Yrs, Black 1st         |
| 41  | Pt. Male, 18 & Over Yrs, Black 2nd         |
| 42  | Pt. Male, 18 & Over Yrs, Black 3rd         |
| 43  | Pt. Male, 18 & Over Yrs, Black 4th - 6th   |
| 44  | Pt. Female, 14 - 17 Yrs, Yellow / Green    |
| 45  | Pt. Female, 14 - 17 Yrs, Blue / Red        |
| 46  | Pt. Female, 14 - 17 Yrs, Black 1st         |
| 47  | Pt. Female, 14 - 17 Yrs, Black 2nd         |
| 48  | Pt. Female, 14 - 17 Yrs, Black 3rd         |
| 49  | Pt. Female, 18 & Over Yrs, Yellow / Green  |
| 50  | Pt. Female, 18 & Over Yrs, Blue / Red      |
| 51  | Pt. Female, 18 & Over Yrs, Black 1st       |
| 52  | Pt. Female, 18 & Over Yrs, Black 2nd       |
| 53  | Pt. Female, 18 & Over Yrs, Black 3rd       |
| 54  | Pt. Female, 18 & Over Yrs, Black 4th - 6th |
| 185 | Pt. Male, Veteran, Yellow/Green            |
| 186 | Pt. Male, Veteran, Blue/Red                |

# IRISH TAEKWON-DO ASSOCIATION



## National Association for ITF and AETF in Ireland

- 187 Pt. Male, Veteran, Black
- 188 Pt. Female, Veteran, Yellow/Green
- 189 Pt. Female, Veteran, Blue/Red
- 190 Pt. Female, Veteran, Black

## Sparring Categories

- 75 Sp. Male, 15 yrs & Under, Under 44Kg, Black Belt
- 76 Sp. Male, 15 yrs & Under, 45-50Kg, Black Belt
- 77 Sp. Male, 15 yrs & Under, 51-56Kg, Black Belt
- 78 Sp. Male, 15 yrs & Under, 57-62Kg, Black Belt
- 79 Sp. Male, 15 yrs & Under, 63-68Kg, Black Belt
- 80 Sp. Male, 15 yrs & Under, Over 68 kg, Black Belt
- 97 Sp. Female, 15 yrs & Under, Under 40Kg, Black Belt
- 98 Sp. Female, 15 yrs & Under, 41-45Kg, Black Belt
- 99 Sp. Female, 15 yrs & Under, 46-50Kg, Black Belt
- 100 Sp. Female, 15 yrs & Under, 51-55Kg, Black Belt
- 101 Sp. Female, 15 yrs & Under, 56-60Kg, Black Belt
- 102 Sp. Female, 15 yrs & Under, Over 60 kg, Black Belt
- 103 Sp. Male, Under 52 kg, Yellow / Green
- 104 Sp. Male, 53 - 58 kg, Yellow / Green
- 105 Sp. Male, 59 - 63 kg, Yellow / Green
- 106 Sp. Male, 64 - 70 kg, Yellow / Green
- 107 Sp. Male, Over 70 kg, Yellow / Green
- 108 Sp. Male, Under 52 kg, Blue / Red
- 109 Sp. Male, 53 - 58 kg, Blue / Red
- 110 Sp. Male, 59 - 63 kg, Blue / Red
- 111 Sp. Male, 64 - 70 kg, Blue / Red
- 112 Sp. Male, Over 70 kg, Blue / Red
- 113 Sp. Male, Under 50 kg, Black / Belt
- 114 Sp. Male, 51 - 56 kg, Black / Belt
- 115 Sp. Male, 57 - 62 kg, Black / Belt
- 116 Sp. Male, 63 - 68 kg, Black / Belt
- 117 Sp. Male, 69 - 75 kg, Black / Belt
- 118 Sp. Male, Over 75 kg, Black / Belt
- 119 Sp. Female, Under 45 kg, Yellow / Green
- 120 Sp. Female, 46 - 50 kg, Yellow / Green
- 121 Sp. Female, 51 - 55 kg, Yellow / Green
- 122 Sp. Female, 56 - 60 kg, Yellow / Green
- 123 Sp. Female, Over 60 kg, Yellow / Green
- 124 Sp. Female, Under 45 kg, Blue / Red
- 125 Sp. Female, 46 - 50 kg, Blue / Red
- 126 Sp. Female, 51 - 55 kg, Blue / Red
- 127 Sp. Female, 56 - 60 kg, Blue / Red
- 128 Sp. Female, Over 60 kg, Blue / Red

# IRISH TAEKWON-DO ASSOCIATION



## National Association for ITF and AETF in Ireland

- 129 Sp. Female, Under 45 kg, Black / Belt
- 130 Sp. Female, 46 - 50 kg, Black / Belt
- 131 Sp. Female, 51 - 55 kg, Black / Belt
- 132 Sp. Female, 56 - 60 kg, Black / Belt
- 133 Sp. Female, 61 - 65 kg, Black / Belt
- 134 Sp. Female, Over 65 kg, Black / Belt
- 135 Sp. Senior Male, Under 54 kg, Yellow / Green
- 136 Sp. Senior Male, 55 - 63 kg, Yellow / Green
- 137 Sp. Senior Male, 64 - 71 kg, Yellow / Green
- 138 Sp. Senior Male, 72 - 80 kg, Yellow / Green
- 139 Sp. Senior Male, Over 80 kg, Yellow / Green
- 140 Sp. Senior Male, Under 54 kg, Blue / Red
- 141 Sp. Senior Male, 55 - 63 kg, Blue / Red
- 142 Sp. Senior Male, 64 - 71 kg, Blue / Red
- 143 Sp. Senior Male, 72 - 80 kg, Blue / Red
- 144 Sp. Senior Male, Over 80 kg, Blue / Red
- 145 Sp. Senior Male, Under 57 kg, Black Belt
- 146 Sp. Senior Male, 58 - 63 kg, Black Belt
- 147 Sp. Senior Male, 64 - 70 kg, Black Belt
- 148 Sp. Senior Male, 71 - 78 kg, Black Belt
- 149 Sp. Senior Male, 79 - 85 kg, Black Belt
- 150 Sp. Senior Male, Over 85 kg, Black Belt
- 151 Sp. Senior Female, Under 52 kg, Yellow / Green
- 152 Sp. Senior Female, 53 - 58 kg, Yellow / Green
- 153 Sp. Senior Female, 59 - 63 kg, Yellow / Green
- 154 Sp. Senior Female, 64 - 70 kg, Yellow / Green
- 155 Sp. Senior Female, Over 70 kg, Yellow / Green
- 156 Sp. Senior Female, Under 52 kg, Blue / Red
- 157 Sp. Senior Female, 53 - 58 kg, Blue / Red
- 158 Sp. Senior Female, 59 - 63 kg, Blue / Red
- 159 Sp. Senior Female, 64 - 70 kg, Blue / Red
- 160 Sp. Senior Female, Over 70 kg, Blue / Red
- 161 Sp. Senior Female, Under 50 kg, Black Belt
- 162 Sp. Senior Female, 51 - 56 kg, Black Belt
- 163 Sp. Senior Female, 57 - 62 kg, Black Belt
- 164 Sp. Senior Female, 63 - 68 kg, Black Belt
- 165 Sp. Senior Female, 68 - 75 kg, Black Belt
- 166 Sp. Senior Female, Over 75 kg, Black Belt
- 191 Sp. Male, Veteran, -80kg Yellow/Green
- 192 Sp. Male, Veteran, +80Kg Yellow/Green
- 193 Sp. Male, Veteran, -80kg Blue/Red
- 194 Sp. Male, Veteran, +80Kg Blue/Red
- 195 Sp. Male, Veteran -80kg Black Belt
- 196 Sp. Male, Veteran +80kg Black Belt
- 197 Sp. Female, Veteran -70kg



# IRISH TAEKWON-DO ASSOCIATION



National Association for ITF and AETF in Ireland

198 Sp. Female, Veteran +70kg

## Power & Special Technique Categories

181 Power Test, Male, 14 - 17 Yrs, Black Belt

182 Power Test, Male, Senior, Black Belt

183 Power Test, Female, 14 - 17 Yrs, Black Belt

184 Power Test, Female, Senior, Black Belt

169 Special Technique, Male, 15 Yrs & Under, Black Belt

170 Special Technique, Male, 14 - 17 Yrs, Blue / Red

171 Special Technique, Male, 14 - 17 Yrs, Black Belt

172 Special Technique, Male, Senior, Blue / Red

173 Special Technique, Male, Senior, Black Belt

176 Special Technique, Female, 15 Yrs & Under, Black Belt

177 Special Technique, Female, 14 - 17 Yrs, Blue / Red

178 Special Technique, Female, 14 - 17 Yrs, Black Belt

179 Special Technique, Female, Senior, Blue / Red

180 Special Technique, Female, Senior, Black Belt

Technique	Boards Junior Male	Boards Senior Male
Forefist front punch	1	2
Knifehand strike	2	2
Side piercing kick	3	3
Turning kick	2	2
Reverse turning kick	1	2

Technique	Boards Junior Female	Boards Senior Female
Knifehand strike	1	1
Side piercing kick	2	2
Turning kick	1	2

## Techniques and Heights for Special Technique

Technique	Female 11-13 years - 155cm	Female 11-13 years +155cm
Flying high front kick	180	190
Flying high side kick	90	100

Technique	Male 11-13 years - 155cm	Male 11-13 years +155cm
Flying high front kick	190	200

# IRISH TAEKWON-DO ASSOCIATION



## National Association for ITF and AETF in Ireland

Flying high side kick	100	110
-----------------------	-----	-----

Technique	Female 14-17 years	Male 14-17 years
Flying high front kick	190	220
Flying high side kick	100	120
Technique	Female Senior	Male Senior
Flying high front kick	200	230
Flying high side kick	110	120

## Techniques and Heights for Black Belts

Technique	Heights Junior Male	Heights Senior Male
Flying high front kick	240cm	250cm
Flying turning kick	210cm	220cm
Flying reverse turning kick	190cm	200cm
360 mid air kick	190cm	200cm
Flying high side kick	130cm	140cm

Technique	Heights Junior Female	Heights Senior Female
Flying high front kick	210cm	220cm
Flying turning kick	180cm	190cm
Flying high side kick	110cm	120cm

Note: Measurements for height are made from the surface of the floor or mat, to the bottom (lowest) edge of the board, or tape in the case of the high side kick.

For Twimyo Nopi Yop Cha Jirugi /Flying High Side Kick please note:

The competitor must break the board passing over the hurdle without knocking it down.  
The competitor may adjust the height and/or distance of the target board prior to the attempt, provided that:

The board/target is aligned in whichever height and position the competitor desires, ensuring that the position/placement of the board is parallel to the hurdle and at a height at least equal to, or greater than, the height of the hurdle.

Protocol:

1. Adjust
2. Measure
3. Execute

This is the only Special Technique where adjustment is allowed. Adjustments must be done

# IRISH TAEKWON-DO ASSOCIATION



## National Association for ITF and AETF in Ireland

verbally, that is there shall be no contact with the board or board machine.

In Special Technique and Power test each competitor in turn will complete all the techniques. If the situation arises that a competitor, without completing all their techniques, is mathematically unable to contest a medal, they shall be eliminated without finishing all techniques. This is purely a time saving procedure.

## Pattern Categories Under 10 & Junior

- 1 Pt. Male, 7 Yrs, Yellow Belt
- 2 Pt. Male, 8 Yrs, Yellow Belt
- 3 Pt. Male, 9 Yrs, Yellow Belt
- 4 Pt. Male, 10 Yrs, Yellow Belt
- 5 Pt. Male, 9 Yrs & Under, Green Belt
- 6 Pt. Male, 10 Yrs, Green Belt
- 7 Pt. Male, 10 Yrs & Under, Blue Belt
- 8 Pt. Female, 7 Yrs, Yellow Belt
- 9 Pt. Female, 8 Yrs, Yellow Belt
- 10 Pt. Female, 9 Yrs, Yellow Belt
- 11 Pt. Female, 10 Yrs, Yellow Belt
- 12 Pt. Female, 9 Yrs & Under, Green Belt
- 13 Pt. Female, 10 Yrs, Green Belt
- 14 Pt. Female, 10 Yrs & Under, Blue Belt
- 15 Pt. Male, 11 Yrs, Yellow Belt
- 16 Pt. Male, 12 - 13 Yrs, Yellow Belt
- 17 Pt. Male, 11 Yrs, Green Belt
- 18 Pt. Male, 12 - 13 Yrs, Green Belt
- 19 Pt. Male, 11 Yrs, Blue Belt
- 20 Pt. Male, 12 Yrs, Blue Belt
- 21 Pt. Male, 13 Yrs, Blue Belt
- 22 Pt. Male, 11 - 12 Yrs, Red Belt
- 23 Pt. Male, 13 Yrs, Red Belt
- 24 Pt. Female, 11 Yrs, Yellow Belt
- 25 Pt. Female, 12 - 13 Yrs, Yellow Belt
- 26 Pt. Female, 11 Yrs, Green Belt
- 27 Pt. Female, 12 - 13 Yrs, Green Belt
- 28 Pt. Female, 11 Yrs, Blue Belt
- 29 Pt. Female, 12 - 13 Yrs, Blue Belt
- 30 Pt. Female, 11 - 13 Yrs, Red Belt

## Sparring Categories

- 55 Sp. Male, Under 10 -125 Cm, Yellow Belt
- 56 Sp. Male, 7 Yrs, 126-135 Cm, Yellow Belt
- 57 Sp. Male, 8 Yrs, 126-135 Cm, Yellow Belt
- 58 Sp. Male, 9 - 10 Yrs, 126-135 Cm, Yellow Belt
- 59 Sp. Male, 8 Yrs, 136-145 Cm, Yellow Belt

# IRISH TAEKWON-DO ASSOCIATION



## National Association for ITF and AETF in Ireland

- 60 Sp. Male, 9 - 10 Yrs, 136-145 Cm, Yellow Belt  
61 Sp. Male, Under 10 +145 Cm, Yellow Belt  
62 Sp. Male, Under 10 -135 Cm, Green / Blue  
63 Sp. Male, Under 10 136-145 Cm, Green / Blue  
64 Sp. Male, 10yrs + 145 Cm, Green / Blue  
65 Sp. Male, 11 -13 yrs -135 Cm, Yellow / Green  
66 Sp. Male, 11 -13 yrs 136-145 Cm, Yellow / Green  
67 Sp. Male, 11 yrs 146-155 Cm, Yellow / Green  
68 Sp. Male, 12 -13 yrs 146-155 Cm, Yellow / Green  
69 Sp. Male, 11 -13 yrs 156-165 Cm, Yellow / Green  
70 Sp. Male, 11 -13 yrs + 165 Cm, Yellow / Green  
71 Sp. Male, 11 -13 yrs -145 Cm, Blue / Red **\*\*Competitors Weight also required\*\***  
72 Sp. Male, 11 -13 yrs 146-155 Cm, Blue / Red **\*\*Competitors Weight also required\*\***  
73 Sp. Male, 11 -13 yrs 156-165 Cm, Blue / Red **\*\*Competitors Weight also required\*\***  
74 Sp. Male, 11 -13 yrs +165 Cm, Blue / Red **\*\*Competitors Weight also required\*\***  
81 Sp. Female, Under 10 -125 Cm, Yellow Belt  
82 Sp. Female, Under 10 126-135 Cm, Yellow Belt  
83 Sp. Female, Under 10 136-145 Cm, Yellow Belt  
84 Sp. Female, Under 10 + 145 Cm, Yellow Belt  
85 Sp. Female, Under 10 -135 Cm, Green / Blue  
86 Sp. Female, Under 10 136-145 Cm, Green / Blue  
87 Sp. Female, Under 10 + 145 Cm, Green / Blue  
88 Sp. Female, 11 -13 yrs -135 Cm, Yellow / Green  
89 Sp. Female, 11 -13 yrs 136-145 Cm, Yellow / Green  
90 Sp. Female, 11 -13 yrs 146-155 Cm, Yellow / Green  
91 Sp. Female, 11 -13 yrs 156-165 Cm, Yellow / Green  
92 Sp. Female, 11 -13 yrs + 165 Cm, Yellow / Green  
93 Sp. Female, 11 -13 yrs -145 Cm, Blue / Red **\*\*Competitors Weight also required\*\***  
94 Sp. Female, 11 -13 yrs 146-155 Cm, Blue / Red **\* Competitors Weight also required \*\***  
95 Sp. Female, 11 -13 yrs 156-165 Cm, Blue / Red **\* Competitors Weight also required \*\***  
96 Sp. Female, 11 -13 yrs + 165 Cm, Blue / Red **\*\* Competitors Weight also required \*\***

## Special Technique Categories

- 16 7 Special Technique, Male, 11-13 Yrs, Blue / Red, -155cm  
16 8 Special Technique, Male, 11-13 Yrs, Blue / Red, +155cm  
17 4 Special Technique, Female, 11-13 Yrs, Blue / Red, -155cm

# IRISH TAEKWON-DO ASSOCIATION



National Association for ITF and AETF in Ireland

17

5 Special Technique, Female, 11-13 Yrs, Blue / Red, +155cm